



Director's Notes: Monday, August 22nd, 2022

Phone: (202) 333-1327

fbwe.helpfulvillage.com

Executive Director: Denise Snyder

In Memoriam

Louise Sagalyn passed away recently. Louise had been a member of the FBWE Village since its earliest days in 2013. She was born in 1927 and she passed away on Saturday, August 13th. She will be missed by many.

HAPPY BIRTHDAY!

This week we are wishing a very Happy Birthday to four special people!

- Frank Leone - August 22nd
- Madelyn Evans - August 23rd
- Bernice Friedlander - August 25th
- Joe Selby - August 25th



PROGRAMS



Buckeye Brunch

Monday, August 22nd, at 11:30 am
Chef Geoff's West End, 2201 M St NW

Village members with significant connections to Ohio will be meeting on August 22nd at 11:30 am at Chef

Geoff's. Perhaps you grew up in Ohio, attended university there, or married an Ohioan.

If so - come join us for lunch, laughter and stories of Cincinnati chili, KSU and OSU, Amish country, and Cedar Point. Not to mention the Rock & Roll and Pro Football Halls of Fame, as well as the first person to orbit the earth and the first man to walk on the moon. Who wouldn't want to lay claim to all that!

[Register for the buckeye brunch here](#)

HERE'S
THE
SCOOP!



FOGGY BOTTOM WEST END VILLAGE ICE CREAM SOCIAL

**Saturday, August. 27th, from 2 -
3:30 PM**

**At: 26th Street Park between I and K Sts
NW (near dog park)**



Come celebrate summer with Villagers, friends, and neighbors of Foggy Bottom West End as we enjoy delicious gelato, lively music and delightful company in a charming outdoor setting.

The Foggy Bottom Whomp-Stompers will provide Jazz age dance music while you experience the cool taste of amazing authentic Italian gelato from La Marmotta Gelateria. Mix and mingle, kick up your heels, sing along or sit back and relax as we gather for this special annual FBWEV event.

Hope to see you there!

REGISTRATION required by August 23. [Click here to register](#). Free

VILLAGE LUNCH AND MOVIE

Monday, August 29th, at 11:30 am

**Lunch location: Ted's Bulletin, 505 8th St
SE**



The Foggy Bottom West End Village has scheduled a fun lunch opportunity for members and guests in conjunction with the Waterfront Village Summer Movie Series. We will be having lunch at Ted's Bulletin Capitol Hill at 11:30 am before the 1pm showing of Top Gun Maverick at

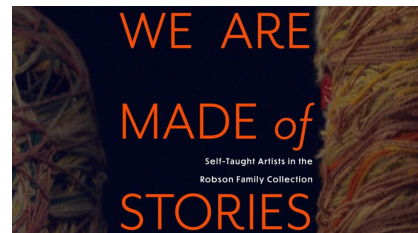
the Miracle Theater. The movie showing is open only to villagers and their guests. It is not open to the general public.

[Register and find more information here!](#)

You can get to the lunch by taking the metro to Eastern Market and walking a couple of blocks south along 8th St SE. Denise will also be driving over so please fill out the transportation questions while you register to indicate you'd like a ride to and/or from the lunch and movie.

We hope you can join us for this fun opportunity to share a meal with your friends and see the hottest movie of the summer. More details on the movie series and on Top Gun are in the announcement farther down in the director's notes.

Art Thursday: We Are Made of Stories: Self-Taught Artists in the Robson Family Collection
Thursday, September 1st, 1:00 p.m.
Where: Online via Zoom (You will receive the link when you register)



We Are Made of Stories is a fascinating exhibit currently on view at the Smithsonian American Art Museum. We are fortunate to be able to bring this exhibit into your homes via Zoom courtesy of the Education Department of SAAM.

Artists without formal training, who learned from family, community, and personal journeys, have long been a presence in American art. But it was not until the 1980s, with the help of trailblazing advocates, that the collective force of their creative vision and presence irrevocably turned the tide in the mainstream art world. Through drawings, paintings, and sculptures that span the narrative to the abstract, the artworks in We Are Made of Stories: Self-Taught Artists in the Robson Family Collection convey the humanistic power of art and allow us to see the world through the lens of another.

We Are Made of Stories traces the rise of self-taught artists in the twentieth century and examines how, despite wide-ranging societal, racial, and gender-based obstacles, their creativity and bold self-definition became major forces in American art. The exhibition showcases forty-three artists whose work was admired and collected by Margaret Z. Robson (1932–2014). Margaret valued their artworks and personal stories, believing both offered a truer, more complete portrait of our nation's makers and redefined who could be an artist in America.

Cost: This program is free.

Registration Required. **[Please click here to register.](#)** You will receive the Zoom link when you register.

Preparing for Medicare Open Enrollment

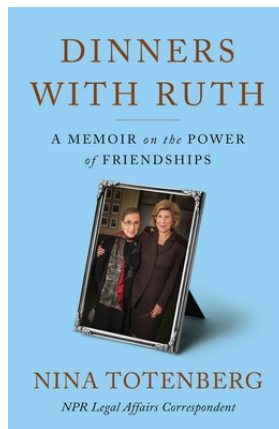
Wednesday, September 14th, 1 pm to 2 pm
On Zoom



Village Case Manager, Barbara Scott will be joined by Chris DeYoung from the Department of Aging and Community Living Health Insurance Program. Mr. DeYoung will speak to Village members about the difference between Medicare and Medicare Advantage ahead of the October 15 through December 7 Open Enrollment period.

Bring your questions. There will be a Q&A session at the end.

[Register for the event here on the NNV site](#) prior to September 7th, 2022. Or contact Barbara directly to register - casemanager@dupontcirclevillage.net



DINNERS WITH RUTH: AN EVENING WITH NINA TOTENBERG AND SCOTT SIMON

Tuesday, September 13th, at 7:00 pm
Dorothy Betts Auditorium - GW Student Center,
800 21st St NW

Dinners with Ruth is an extraordinary account of a remarkable, nearly fifty-year friendship, between Ruth Bader Ginsburg and Nina Totenberg. An intimate memoir of the power of friendships, Totenberg's book reveals how they paved the way for future generations of women by tearing down professional and legal barriers that opened career doors and transformed the workplace.

Nina Totenberg has spent decades covering legal affairs for NPR, including the Supreme Court. Considered a “founding mother” of NPR, she will be in conversation with Scott Simon, one of America's most admired writers and broadcasters and award-winning host of Weekend Edition Saturday. Just to note: Both Justice Ginsburg and Scott Simon have been our Foggy Bottom neighbors for quite some time.

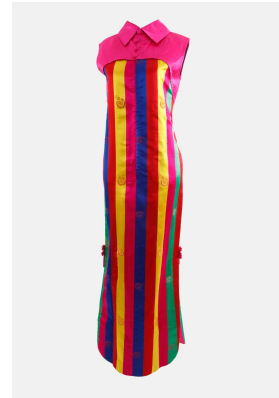
The Village was able to secure 9 tickets for this sold out event. The tickets cost \$5 a piece. [Register and secure your ticket here](#). Come and join us for what will surely be an informative and fun evening!



Korean Fashion: From Royal Court to Runway Tour

Thursday, September 22nd, at 10:30 am
GWU Textile Museum, 701 21st St NW

Korea opened to the world about 150 years ago, and today South Korea is a pop culture powerhouse. This major exhibition explores the extraordinary transformation of Korean costume and fashion over that time.



Join us as Textile Museum curator Lee Talbot takes us on a private tour that goes from a dazzling array of traditional clothing and royal ceremonial dress to pioneering Paris runway collections of the 50s and 60s and to today's cutting edge street fashion.

ONLY 12 SPOTS LEFT. Accessibility: The venue and exhibits are accessible. [Register and find more info here](#)

AFFINITY GROUPS

JOIN THE FBWEV BOOK GROUP

We hope you will join the group for upcoming discussions. Discussions are held the first Wednesday of every month at 2:00pm in the West End Library. Upcoming books are listed below:

- September 7th: 'The Night Watchman' by Louise Edrich
- October 5th: 'Crying in H Mart' by Michelle Zauner
- November 2nd: 'Rules for Old Men Waiting' by Peter Pouncey
- December 7th: 'The Reading List' by Sara Nisha Adams
- January 4th: 'The Dinner' by Herman Koch
- February 1st: 'The Echo Wife' by Sarah Gailey

TUESDAYS

COFFEE & COMPANY at 10:00 am (weekly)

Meets at Bread and Chocolate at [2301 M St NW](#) (contact for more information)

Contact: jfrumkin@fbwevillage.org

CAREGIVER'S SUPPORT GROUP (1st and 3rd Tue.) at 1:00 pm

Online via Zoom (contact for more information)

Contact: pfkramer38@gmail.com

WEDNESDAYS

BOOK DISCUSSION GROUP (1st Wed) at 2:00 pm

Meets at West End Library (contact for more information)

Contact: jfrumkin@fbwevillage.org

FRENCH CONVERSATION GROUP (3rd Wed) at 5:00 pm (not meeting in August)

Location Changes (contact for more information)

Contact: sally.willis@yahoo.com

THURSDAYS

GUYS ONLY AT LUNCH (GOAL) (3rd Thu) at 12:30 pm

Various locations (contact for more information)

Contact: tineve@rcn.com

A BIT OF HUMOR

**I JUST FIRED MYSELF
FROM CLEANING MY
HOUSE. I DON'T LIKE
MY ATTITUDE & I GOT
CAUGHT DRINKING
ON THE JOB.**

**i just cleared out
some space in the freezer
sounds much more productive
than i just polished off
another pint of ice cream.**



Cop: You were going fast.
Me: I was just trying to keep up with traffic.
Cop: There isn't any.
Me: I know! That's how far behind I am.

This morning my son said his ear hurt and I said on the inside or outside, so he walks out the front door, comes back in and says both. Moments like this got me wondering if I'm saving too much for college.

OTHER PIECES

Mayor Bowser Announces Launch of 988 Suicide and Crisis Lifeline

On July 16, Mayor Bowser joined jurisdictions nationwide in launching the three-digit 988 suicide prevention or crisis services lifeline. Anyone experiencing a mental health, substance use, or suicidal crisis can dial 9-8-8 to be connected to locally-operated crisis centers. This three-digit number, launching nationwide, makes it easier for people in crisis to access lifesaving support.



IN THE COMMUNITY

Waterfront Village Summer Movie Series

Waterfront Village invites all DC Villages to join them for a summer movie series at Miracle Theatre on Barracks Row (535 8th Street SE).



The Movie Monday Matinees have been scheduled in August to let folks relax in an air-conditioned theater watching some of the summer's hottest hits. All movies are just \$6.00 per ticket. No need to register in advance, just meet at the theater for the movie you want to see.

They ask that all participants be fully vaccinated. The theater has capacity for 300 people, so they expect that social distancing will be possible.

The schedule is as follows, all movies are scheduled for 1pm:

August 29 -- Top Gun Maverick

With more than \$647 million in tickets sold, this is the blockbuster movie of 2022. The sequel to Top Gun (1986) and the second installment in the Top Gun film series, the film stars Tom Cruise as Captain Pete "Maverick" Mitchell reprising his role from the original, alongside Miles Teller, Jennifer Connelly, Jon Hamm, Glen Powell, Lewis Pullman, Ed Harris, and Val Kilmer (who also reprises his role). It follows Maverick confronting his past while training a group of younger TOPGUN graduates.

Barracks Row also is home to some wonderful restaurants for those who would like to combine the theater experience with lunch or an early dinner.



UPCOMING VIRTUAL AROUND TOWN DC PROGRAMS

Monday Movie Nights

It doesn't get more fun than watching a movie and then talking about it with your friends! Join the group on Monday evenings starting at 7:00 PM for films such as the new documentary "Summer of Soul" about Harlem's Woodstock. Each film will be followed by a facilitated discussion. The class starts at 7pm and the end time depends on the length of the film. We already know of one villager with a viewing party set up!

[If you haven't already registered, read more and register here](#)

Movie Schedule:

August 22: Summer of Soul

August 29: Shang Chi

The Joy of Practice with Nick Cruz Velleman **Thursdays at 1:30-3:00 PM (August 25th to September 22nd)**

During a six-week virtual class on Thursdays from 1:30-3:00 PM from August 25-September 22, enjoy a creative mental break and gain structured art practice in the painting/drawing medium of your choice from the comfort of your home. In our weekly meetings, different images and subject matter will be provided for participants to practice their craft and explore new directions, while also developing their eye, artistic touch, and any other aspects they would like to improve. We will also discuss tips and strategies for developing your own practice plan and improving your practice habits. All backgrounds and experience levels

are welcome. Pencil and paper for the first week. [Read more and register here.](#)

Online Alzheimer's Education Programs conducted by Sheila Griffith

Thursday, August 25th, from 3:00 pm - 4:00 pm

EFFECTIVE COMMUNICATION STRATEGIES:

Does communicating with your loved one frustrate you? Is there a better way to reach a person with neuro-cognitive difficulties? This program will give you real-life tools you can use as you navigate the difficulties of being a care partner. [Find more info and register here.](#)

Technology for Social Connectedness and Engagement with Scott Code of Leading Age Center

Wednesday, August 31st, from 3:00 pm - 4:00 pm

Join Scott Code, Senior Director of LeadingAge Center for Aging Services Technology Team (CAST), as he explores the different types of technology that help facilitate and enhance social connectedness and engagement. We will learn about available resources and tools to help us navigate the different technology options. [Find more info and register here.](#)

WEBSITES FOR PUBLIC VILLAGE EVENTS

The Washington Area Village Exchange has a website for area villages to list their public programs. It includes many fascinating programs from a number of area villages. Check out their site, <http://www.dmvvillageevents.org/>, to see what might interest you.

You also might have interest in upcoming Village to Village Network programs. [You can find the full VtoV calendar on their website here](#) Please contact the office if you would like to register for any VtoV event.

How to Register for Village Programs

Village programs and events will generally be announced only in the weekly Director's Notes, published on Monday morning.

- To register, first make sure you are logged into your account on the Village website. From the listing at the end of each program invite, click on the link.
- Then simply click the **REGISTER FOR THIS EVENT** button and follow the prompts.
- Finally, click **REGISTER FOR THIS EVENT AGAIN ON THE NEXT PAGE.**
- **You will receive an event confirmation email.** If you do not get this email, you are not registered. Please call the Village office at (202)

333-1327 and someone will be happy to help.

- **For some programs, you will use a personal email to register. Just email the person listed and let them know you plan to attend.**
- **If you have any problems with registering for an event online, please call the Village office at (202) 333-1327 and someone will be able to register you for the event.**

Foggy Bottom West End Village
2430 K Street NW
(202) 333-1327

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