



Director's Notes: Monday, August 15th, 2022

Phone: (202) 333-1327

fbwe.helpfulvillage.com

Executive Director: Denise Snyder

Peer Support Workers

Would you like to have a peer support person come to your home? Iona Senior Services is piloting a program to run to the end of December which will match you with a paid peer support worker to come to your home to do light tasks (preparing a meal, doing laundry, cleaning, grocery shopping, etc.) and/or to keep you company. There will be no cost to you for having a peer support worker. [See the flier here for details](#) and feel free to call the office or email me at (dsnyder@fbwevillage.org) to talk about it further.



The other half of the program is recruiting the peer support workers who are required to be 50+ themselves. [Here is the job description for the paid, part-time position](#). Hours are flexible and weekly meetings with an Iona supervisor will provide guidance and support for the peer support workers. Again, feel free to call the office or email me at dsnyder@fbwevillage.org.

-Denise

HAPPY BIRTHDAY!

This week we are wishing a very Happy Birthday to two amazing people!

- Liesbeth Boxman - August 15th
- Claudine Parloff - August 15th

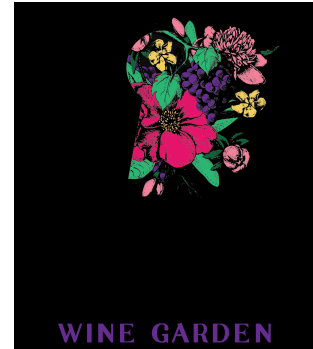


PROGRAMS

FBWE VILLAGE HAPPY HOUR

Tuesday, August 16th, from 5:00 to 6:30 pm
Bottles Wine Garden, 2500 Pennsylvania Ave NW

Join us for a fall happy hour at the brand new Bottles Wine Garden! It is located in the former Avenue Suites hotel at 2500 Pennsylvania Ave NW. There will be food provided. Members pay for their own drinks. There is an indoor portion of the wine garden and an expansive wine garden patio. You can find the drink menu and more information on Bottles on their website here: bottleswinegarden.com



Hope you can join us! [Register for the Happy Hour here!](#)



FREE NATIONALS GAME!

Wednesday, August 17th, at 1:30 PM
Nationals Park, 1500 S Capitol St SE,
Washington, DC 20003

Councilmember Pinto would like to invite members of the Foggy Bottom West End Village and their families & friends to the Nationals Game on

Wednesday, August 17th at 1:05 pm against the Chicago Cubs. They have plenty of tickets to share! Feel free to invite anyone you like to accompany you to the game. While the registration deadline has passed there are a couple of extra tickets for folks that register today.

[Register for the tickets here.](#) Please register your guests as well. You can register them directly on the site or by sending Jonas, jfrumkin@fbwevillage.org, an email with their name(s) and email.

AUGUST GUYS ONLY AT LUNCH (GOAL)

Thursday, August 18th, at 12:30 pm
Juniper at the Fairmont Hotel, 2401 M St NW



We're exploring a little for our August GOAL. One of our more popular venues, Juniper in the Fairmont, is open again for lunch. The venue "...offers a neighborhood restaurant atmosphere with authentic fare. Specialties are creatively prepared of seasonal ingredients that are perfect for a casual meal or family style dining experience." [Their menu is here.](#) Hope you can make it and enjoy

the discussion, storytelling, and banter of a GOAL lunch.

Cost: Each participant is responsible for the cost of his own lunch. Separate checks will be provided. The reservation is under the name Neve.

Accessibility: The venue is fully accessible. Open to all male members.

Registration is required. Please e-mail Trev Neve at tneve@rcn.com by Tuesday, 16 August 2022, if you plan to attend, so he can get a final headcount for the table reservation.



ART INTROSPECTION - MAX ERNST

Friday, August 19th, at 1:00 PM

Max Ernst painted “A Moment of Calm” in 1939. Max Ernst was a prolific, pioneering, German-born surrealist artist and influencer of Dadaism.

Sireen recently saw “A Moment of Calm” (above) at the National Gallery of Art’s East Wing, and they were instantly magnetized and captivated by the piece. It spans almost an entire wall and certainly has a grand presence.

The intensity and warmth of its colors, combined with its high textural quality, layers of symbolism, and allusions to natural life and wildness, contrasted with darkness and ominousness suggesting impending danger or thrill, will evoke something different for each viewer.

So, what does the painting bring up for you? What do you see here? And what questions might be arising for you?

We will be hosting an Art Introspection discussion on Friday, August 19th, 2022. We hope to see you there! [Register for the discussion here.](#)

DC RESTAURANT WEEK
August 15 - 21, 2022



DC has become a city for foodies of all types. If you've been eager to try a new restaurant or sample a different cuisine, this is a chance to explore.

Dozens of DC area restaurants are offering 3-course meals for a set price. This year brunch/ lunch/ dinner options are offered at \$25, \$40, \$55. There is one remaining Village brunch.

BRASSERIE LIBERTÉ - 3251 Prospect St/
Georgetown
Sunday, August 21 at 11:30 am (table for 6)



[Register here](#)



Buckeye Brunch

Monday, August 22nd, at 11:30 am
Chef Geoff's West End, 2201 M St NW

Village members with significant connections to Ohio will be meeting on August 22nd at 11:30 am at Chef

Geoff's. Perhaps you grew up in Ohio, attended university there, or married an Ohioan.

If so - come join us for lunch, laughter and stories of Cincinnati chili, KSU and OSU, Amish country, and Cedar Point. Not to mention the Rock & Roll and Pro Football Halls of Fame, as well as the first person to orbit the earth and the first man to walk on the moon. Who wouldn't want to lay claim to all that!

[Register for the buckeye brunch here](#)

**HERE'S
THE
SCOOP!**



FOGGY BOTTOM WEST END VILLAGE ICE CREAM SOCIAL

**Saturday, August. 27th, from 2 -
3:30 PM**

**At: 26th Street Park between I and K Sts
NW (near dog park)**



Come celebrate summer with Villagers, friends, and neighbors of Foggy Bottom West End as we enjoy delicious gelato, lively music and delightful company in a charming outdoor setting.

The Foggy Bottom Whomp-Stompers will provide Jazz age dance music while you experience the cool taste of amazing authentic Italian gelato from La Marmotta Gelateria. Mix and mingle, kick up your heels, sing along or sit back and relax as we gather for this special annual FBWEV event.

Hope to see you there!

REGISTRATION required by August 23. [Click here to register](#). Free

VILLAGE LUNCH AND MOVIE

Monday, August 29th, at 11:30 am

Lunch location: Ted's Bulletin, 505 8th St SE



The Foggy Bottom West End Village has scheduled a fun lunch opportunity for members and guests in conjunction with the Waterfront Village Summer Movie Series. We will be having lunch at Ted's Bulletin Capitol Hill at 11:30 am before the 1pm showing of Top Gun Maverick at the Miracle Theater. The movie showing is open only to villagers and their guests. It is not open to the general public.

[Register and find more information here!](#)

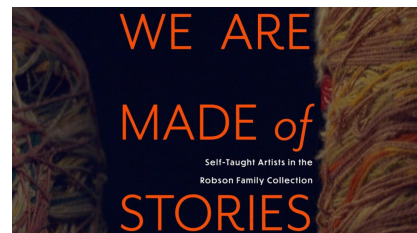
You can get to the lunch by taking the metro to Eastern Market and walking a couple of blocks south along 8th St SE. Denise will also be driving over so please fill out the transportation questions while you register to indicate you'd like a ride to and/or from the lunch and movie.

We hope you can join us for this fun opportunity to share a meal with your friends and see the hottest movie of the summer. More details on the movie series and on Top Gun are in the announcement farther down in the director's notes.

Art Thursday: We Are Made of Stories: Self-Taught Artists in the Robson Family Collection

Thursday, September 1, 1:00 p.m.

Where: Online via Zoom (You will receive the link when you register)



We Are Made of Stories is a fascinating exhibit currently on view at the Smithsonian American Art Museum. We are fortunate to be able to bring this exhibit into your homes via Zoom courtesy of the Education Department of SAAM.

Artists without formal training, who learned from family, community, and personal journeys, have long been a presence in American art. But it was not until the 1980s, with the help of trailblazing advocates, that the collective force of their creative vision and presence irrevocably turned the tide in the mainstream art world. Through drawings, paintings, and sculptures that span the narrative to the abstract, the artworks in *We Are Made of Stories: Self-Taught Artists in the Robson Family Collection* convey the humanistic power of art and allow us to see the world through the lens of another.

We Are Made of Stories traces the rise of self-taught artists in the twentieth century and examines how, despite wide-ranging societal, racial, and gender-based obstacles, their creativity and bold self-definition became major forces in American art. The exhibition showcases forty-three artists whose work was admired and collected by Margaret Z. Robson (1932–2014). Margaret valued their artworks and personal stories, believing both offered a truer, more complete portrait of our nation's makers and redefined who could be an artist in America.

Cost: This program is free.

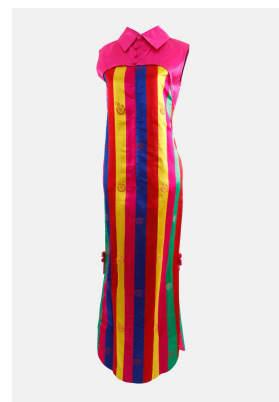
Registration Required. [Please click here to register.](#) You will receive the Zoom link when you register.



Korean Fashion: From Royal Court to Runway Tour

Thursday, September 22nd, at 10:30 am
GWU Textile Museum, 701 21st St NW

Korea opened to the world about 150 years ago, and today South Korea is a pop culture powerhouse. This major exhibition explores the extraordinary transformation of Korean costume and fashion over that time.



Join us as Textile Museum curator Lee Talbot takes us on a private tour that goes from a dazzling array of traditional clothing and royal ceremonial dress to pioneering Paris runway collections of the 50s and 60s and to today's cutting edge street fashion.

LIMITED TO 20 PARTICIPANTS. Accessibility: The venue and exhibits are accessible. [Register and find more info here](#)

AFFINITY GROUPS

JOIN THE FBWEV BOOK GROUP

We hope you will join the group for upcoming discussions. Discussions are held the first Wednesday of every month at 2:00pm in the West End Library. Upcoming books are listed below:

- September 7th: "The Night Watchman," by Louise Edrich
 - October 5th: "Crying in H Mart," by Michelle Zauner
-

TUESDAYS

COFFEE & COMPANY at 10:00 am (weekly)

Meets at Bread and Chocolate at [2301 M St NW](#) (contact for more information)

Contact: jfrumkin@fbwevillage.org

CAREGIVER'S SUPPORT GROUP (1st and 3rd Tue.) at 1:00 pm

Online via Zoom (contact for more information)

Contact: pfkramer38@gmail.com

WEDNESDAYS

BOOK DISCUSSION GROUP (1st Wed) at 2:00 pm

Meets at West End Library (contact for more information)

Contact: jfrumkin@fbwevillage.org

FRENCH CONVERSATION GROUP (3rd Wed) at 5:00 pm (not meeting in August)

Location Changes (contact for more information)

Contact: sally.willis@yahoo.com

THURSDAYS

GUYS ONLY AT LUNCH (GOAL) (3rd Thu) at 12:30 pm

Various locations (contact for more information)

Contact: tlneve@rcn.com

A BIT OF HUMOR

CALLER: Is this Gordon's Pizza?

GOOGLE: No sir, it's Google Pizza.

CALLER: I must have dialed a wrong number. Sorry.

GOOGLE: No sir, Google bought Gordon's Pizza last month.

CALLER: OK. I would like to order a pizza.

GOOGLE: Do you want your usual, sir?

CALLER: My usual? You know me?

GOOGLE: According to our caller ID data sheet, the last 12 times you called you ordered an extra-large pizza with three cheeses, sausage, pepperoni, mushrooms and meatballs on a thick crust.

CALLER: OK! That's what I want ...

GOOGLE: May I suggest that this time you order a pizza with ricotta, arugula, sun-dried tomatoes and olives on a whole wheat gluten-free thin crust?

CALLER: What? I detest vegetables..

GOOGLE: Your cholesterol is not good, sir.

CALLER: How the hell do you know?

GOOGLE: Well, we cross-referenced your home phone number with your medical records. We have the result of your blood tests for the last 7 years.

CALLER: Okay, but I do not want your rotten vegetable pizza! I already take medication for my cholesterol.

GOOGLE: Excuse me sir, but you have not taken your medication regularly. According to our database, you only purchased a box of 30 cholesterol tablets once, at Drug RX Network, 4 months ago.

CALLER: I bought more from another drugstore.

GOOGLE: That doesn't show on your credit card statement.

CALLER: I paid in cash.

GOOGLE: But you did not withdraw enough cash according to your bank statement.

CALLER: I have other sources of cash.

GOOGLE: That doesn't show on your last tax return unless you bought them using an undeclared income source, which is against the law.

CALLER: WHAT THE HELL?

GOOGLE: I'm sorry, sir, we use such information only with the sole intention of helping you.

CALLER: Enough already! I'm sick to death of Google, Facebook, Twitter, WhatsApp and all the others. I'm going to an island without internet, cable TV, where there is no cell phone service and no one to watch me or spy on me.

GOOGLE: I understand sir, but you need to renew your passport first. It expired 6 weeks ago...

OTHER PIECES

Mayor Bowser Announces Launch of 988 Suicide and Crisis Lifeline



On July 16, Mayor Bowser joined jurisdictions nationwide in launching the three-digit 988 suicide prevention or crisis services lifeline. Anyone experiencing a mental health, substance use, or suicidal crisis can dial 9-8-8 to be connected to locally-operated crisis centers. This three-digit number, launching nationwide, makes it easier for people in crisis to access lifesaving support.

Restaurant Week Options

DC Restaurant Week starts on August 15th and runs through August 21st. A list of participating restaurants in the area is below. This year brunch/ lunch/ dinner options are offered at \$25, \$40, \$55. [You can find the full list here.](#)

- Bindaas Foggy Bottom - Lunch and Dinner
 - Chef Geoff's West End - Brunch, Lunch and Dinner
 - Circa - Dinner
 - Duke's Grocery Foggy Bottom - Dinner
 - Equinox Restaurant - Dinner
 - Founding Farmers - Lunch and Dinner
 - Kaz Sushi - Dinner
 - North Italia - Lunch and Dinner
 - Rasika West End - Lunch and Dinner
 - Ris - Lunch and Dinner
-

IN THE COMMUNITY

Waterfront Village Summer Movie Series

Waterfront Village invites all DC Villages to join them for a summer movie series at Miracle Theatre on Barracks Row (535 8th Street SE).



The Movie Monday Matinees have been scheduled in August to let folks relax in an air-conditioned theater watching some of the summer's hottest hits. All movies are just \$6.00 per ticket. No need to register in advance, just meet at the theater for the movie you want to see.

They ask that all participants be fully vaccinated. The theater has capacity for 300 people, so they expect that social distancing will be possible.

The schedule is as follows, all movies are scheduled for 1pm:

August 15 -- Mrs. Smith Goes to Paris

In partnership with the House of Dior, "Mrs. Harris Goes To Paris" tells the story of a widowed cleaning lady in 1950s London who falls madly in love with a couture Dior dress and decides that she must have one of her own. After she works, starves, and gambles to raise the funds to pursue her dream, she embarks on an adventure to Paris which will change not only her own outlook, but the very future of the House of Dior.

August 29 -- Top Gun Maverick

With more than \$647 million in tickets sold, this is the blockbuster movie of 2022. The sequel to Top Gun (1986) and the second installment in the Top Gun film series, the film stars Tom Cruise as Captain Pete "Maverick" Mitchell reprising his role from the original, alongside Miles Teller, Jennifer Connelly, Jon Hamm, Glen Powell, Lewis Pullman, Ed Harris, and Val Kilmer (who also reprises his role). It follows Maverick confronting his past while training a group of younger TOPGUN graduates.

Barracks Row also is home to some wonderful restaurants for those who would like to combine the theater experience with lunch or an early dinner.



UPCOMING VIRTUAL AROUND TOWN DC PROGRAMS

Monday Movie Nights

It doesn't get more fun than watching a movie and then talking about it with your friends! Join the group on Monday evenings starting at 7:00 PM for films such as the new documentary "Summer of Soul" about Harlem's Woodstock. Each film will be followed by a facilitated discussion. The class starts at 7pm and the end time depends on the length of the film. We already know of one villager with a viewing party set up!

[If you haven't already registered, read more and register here](#)

Movie Schedule:

August 15: Princess Bride
August 22: Summer of Soul
August 29: Shang Chi

Online Alzheimer's Education Programs conducted by Sheila Griffith

Thursday, August 25th, from 3:00 pm - 4:00 pm

EFFECTIVE COMMUNICATION STRATEGIES:

Does communicating with your loved one frustrate you? Is there a better way to reach a person with neuro-cognitive difficulties? This program will give you real-life tools you can use as you navigate the difficulties of being a care partner. [Find more info and register here.](#)

Technology for Social Connectedness and Engagement with Scott Code of Leading Age Center

Wednesday, August 31st, from 3:00 pm - 4:00 pm

Join Scott Code, Senior Director of LeadingAge Center for Aging Services Technology Team (CAST), as he explores the different types of technology that help facilitate and enhance social connectedness and engagement. We will learn about available resources and tools to help us navigate the different technology options. [Find more info and register here.](#)

WEBSITES FOR PUBLIC VILLAGE EVENTS

The Washington Area Village Exchange has a website for area villages to list their public programs. It includes many fascinating programs from a number of area villages. Check out their site, <http://www.dmvvillageevents.org/>, to see what might interest you.

You also might have interest in upcoming Village to Village Network programs. [You can find the full VtoV calendar on their website here](#). Please contact the office if you would like to register for any VtoV event.

How to Register for Village Programs

Village programs and events will generally be announced only in the weekly Director's Notes, published on Monday morning.

- To register, first make sure you are logged into your account on the Village website. From the listing at the end of each program invite, click on the link.
- Then simply click the **REGISTER FOR THIS EVENT** button and follow the prompts.
- Finally, click **REGISTER FOR THIS EVENT AGAIN ON THE NEXT PAGE.**
- **You will receive an event confirmation email.** If you do not get this email, you are not registered. Please call the Village office at (202) 333-1327 and someone will be happy to help.
- **For some programs, you will use a personal email to register. Just email the person listed and let them know you plan to attend.**

- If you have any problems with registering for an event online, please call the Village office at (202) 333-1327 and someone will be able to register you for the event.

Foggy Bottom West End Village
2430 K Street NW
(202) 333-1327

fbwe.helpfulvillage.com

FBWE Village | 2430 K Street NW, Washington, DC 20037

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