



Now That You Have Found the Village - What Would You Like to Do?

Meet People? · Give Help to Others? · Get Help for Yourself?

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ENJOY THE VILLAGE	HELP THE VILLAGE	HELP OTHERS	HOW CAN THE VILLAGE HELP YOU
Weekly Coffee Hour	Join a committee	Drive members to appointments	Rides to doctors, meetings, houses of worship, events
Exercise and Balance Programs	Befriend new members and recruit others	Pick up prescriptions or library books	Go grocery shopping or run errands for you
Art Introspections	Plan annual parties	Provide basic tech assistance to members	Provide a medical note taker to accompany you to medical appointments
Pop-Up Events	Suggest and contact lecturers and excursions sites	Make check in phone calls	Moving furniture and heavy boxes; replace burnt out ceiling bulbs and smoke detector
Monthly Book Group Discussions	Write articles for the Musings & More newsletter	Make friendly visits to other members	Help sort papers and reduce clutter
Monthly Online Programs on Wide Variety of Topics	Thank FBWEV volunteers	Perform simple home repairs in homes of other members	Provide IT assistance with computers, smart phones, tablets, TVs or other devices
Docent Led Private Museum Tours	Serve as a FBWEV ambassador to other community organizations	Pickup up groceries or prescriptions	Help navigate online services
Happy Hours	Send in suggested programs or humor for the Director's Notes	Walk with less stable Villagers	Find preferred service providers (e.g.carpenter, plumber electrician)
Caregiver's Support Group	Help with administrative work at home or in the office	Comfort members in crisis	Provide Short Term Case Management
Men's Lunch & Discussion Group	Donate used printer cartridges	Cook meals for home bound or members who are ill	Offer guidance on care givers and information on end-of-life planning