



Director's Notes: Monday, July 18th, 2022

Village Phone: (202) 333-1327

Executive Director: Denise Snyder

First Friday Fellowship For Fabulous FBWEFillagers

On the first Friday of each month (beginning August 5th) from 11:30 am – 12:30 pm Village members are being asked to help assemble Grate Patrol Bags at St. Paul's Church. You can help out one time or as often as you want.

FBWEV is doing outreach to get more connected to other organizations in our footprint including the Foggy Bottom Association and our ANC. This project will help us connect more to St. Paul's.

Help us help St. Paul's with this 40-year service which provides food for unhoused individuals. It will also be an opportunity to get to know other FBWEV members. The volunteers who assist with this project usually gather afterwards for lunch and conversation.

Email the village office (info@fbwevillage.org) or call the office (202-333-1327) for more information or to volunteer for this program.

Link to New Website

A number of members have asked us for the link to access our new site. The link is below. We recommend that you bookmark the new site as our old site is no longer being updated and will be archived soon. If you have yet to set up your account on the new site please let Jonas know, jfrumkin@fbwevillage.org, and he will get you up and running.

fbwe.helpfulvillage.com

HAPPY BIRTHDAY!

This week we are wishing a very Happy Birthday to four amazing people!

- Lynnette Asselin - July 18th
- Annmarie Emmet - July 20th
- Jeff Reiman - July 23rd
- Steven Katz - July 23rd



PROGRAMS

Guys Only at Lunch (GOAL)

Thursday, July 21st at 12:30 pm

Location: Ris, on the corner of 23rd and L Streets, N.W.



We're back at Ris for July's GOAL. They've promised us their State Room with the round table. Menu is here: <https://www.risdc.com>. Hope to see a lot of regulars and newcomers alike for another fine lunch among fine company.

Cost: Each participant is responsible for the cost of his own lunch. Separate checks will be provided. The reservation is under the name Neve.

Accessibility: The venue is fully accessible. Open to all male members.

Registration is required. Please e-mail Trev Neve at tneve@rcn.com by Tuesday, 19 July 2022, if you plan to attend, so he can get a final headcount for the table reservation.

ROE V. WADE STRUCK DOWN: A CURRENT EVENTS DISCUSSION

**Friday, July 29th, from 2:00 PM to
3:00 PM**

**Meets at the West End Library, 2301 L St
NW**



On June 24, 2022, the Supreme Court of the United States decided the case of Dobbs v. Jackson Women's Health Organization, upholding the Mississippi law that prohibited women from having abortions after 15 weeks of pregnancy. The Court further struck down the Roe v. Wade decision of 1973, that gave women the Constitutional right to abortion,

ending a 50-year precedent.

How did this happen? What are the causes of this? What are the consequences of it? What can be done? If you were in the legislature of one of the 50 states, how would you design your state's abortion laws? Bring your own questions about this historic decision.

The discussion will be led by Bill Kincaid, Sue Headlee, and Jeff Reiman. We hope to have an atmosphere of open debate and mutual respect for a variety of opinions.

[Register Here](#)

ANACOSTIA RIVER BOAT TOUR

**Tuesday August 2nd, at 10:00 AM
Meet at: Yards Marina, 10 Water St SE,
Washington, DC 20003**

**AHOY!! Embark on a summertime cruise
along the Anacostia River.**



While we are lucky to have the Potomac River in our backyard, DC is fortunate to have another river to explore. On this one-hour pontoon boat tour, we will learn about the Anacostia River's history, culture, ecology, development and challenges as we're guided by the Anacostia Watershed Society crew. The AWS works to restore and protect the Anacostia River and its watershed communities.

After the tour, Villagers may enjoy exploring the Navy Yards neighborhood which offers multiple restaurant options and river walkways, along with Nationals Park.

[REGISTER FOR THE TOUR HERE](#)

Transportation: Metro bus or subway; ride-share. There are bus route and subway options leaving from Foggy Bottom (blue/orange/silver) and Dupont Circle (red) lines. Travel time may vary from 30 - 60 mins. The Yards Marina is a short walk from the Navy Yards-Ballpark Metro stop. There are also parking garages nearby.

Cost: Free, **Accessibility:** Yes

Registration required. A minimum of 15 registrants are needed to launch with a maximum of 20 people.

Weather: The Captain will notify us a day ahead if the cruise needs to be rescheduled.

[For more background on the Anacostia click here](#)



DC RESTAURANT WEEK

August 15 - 21, 2022

DC has become a city for foodies of all types. If you've been eager to try a new restaurant or sample a different cuisine, this is a chance to explore.

Dozens of DC area restaurants are offering 3-course meals for a set price. This year brunch/ lunch/ dinner options are offered at \$25, \$40, \$55. Individual checks will be available.

FBWEV has reserved outdoor seating at 3 different restaurants featuring Indian, Mediterranean and French cuisine. Bon Appétit!

RASIKA WEST END - 22nd & M St. NW
Monday, August 15 at noon (table for 4)

[Register here](#)

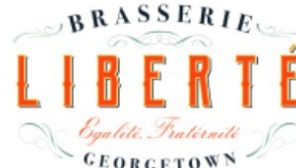


ZAYTINYA (by Jose Andres) - 9th and G St. NW/ Gallery Place
Thursday, August 18 at noon (table for 8)

ZAYTINYA

[Register here](#)

BRASSERIE LIBERTÉ - 3251 Prospect St/ Georgetown
Sunday, August 21 at 11:30 am (table for 6)



[Register here](#)

AFFINITY GROUPS

FRENCH CONVERSATION

Bonjour à tous! Let's get together!

Sally Willis and Mireille Casillas invite you to join them in French conversation on Wednesday, July 20 at 5 pm at the Westbridge courtyard. (Rain date July 22). The Westbridge is located at 2555 Pennsylvania Ave. NW. Please contact Sally at sally.willis@yahoo.com for more information.



JOIN THE FBWEV BOOK GROUP

We hope you will join the group for upcoming discussions. Discussions

are held the first Wednesday of every month at 2:00pm in the West End Library. Upcoming books are listed below:

- August 3rd: "When the Emperor was Divine," by Julie Otsuka. A novel about a Japanese family interned during WWII. DCPL has 8 copies, plus electronic. It's only 162 pp.
 - September 7th: "The Night Watchman," by Louise Erdrich
 - October 5th: "Crying in H Mart," by Michelle Zauner
-

TUESDAYS

COFFEE & COMPANY at 10:00 am (weekly)

Meets at Bread and Chocolate at [2301 M St NW](#) (contact for more information)

Contact: jfrumkin@fbwevillage.org

CAREGIVER'S GROUP (1st and 3rd Tue.) at 1:00 pm

Online via Zoom (contact for more information)

Contact: pfkramer38@gmail.com

WEDNESDAYS

BOOK DISCUSSION GROUP (1st Wed) at 2:00 pm

Meets at West End Library (contact for more information)

Contact: jfrumkin@fbwevillage.org

THURSDAYS

GUYS ONLY AT LUNCH (GOAL) (3rd Thu) at 12:30 pm

Various locations (contact for more information)

Contact: tlneve@rcn.com

TAKE FOUR AT TAZZA at 4:00 pm (weekly)

Meets at Tazza Restaurant at [600 New Hampshire Ave NW](#)

Contact: jfrumkin@fbwevillage.org

A BIT OF HUMOR

That slope looks unstable- there's risk of a
lambslide



**FREE
SCREEN
CLEANER**



DID YOU HEAR THAT?



THE FOOD BAG!



Him? No, he doesn't want a cookie. He says I can have two.

OTHER PIECES

Self-Certification for Medical Marijuana Patient Registration

On Wednesday, Mayor Bowser signed into law the Medical Marijuana Self-Certification Emergency Amendment Act of 2022. The legislation will bring more medical marijuana patients into the legal marketplace and do more to level the playing field for licensed medical marijuana providers.

Effective July 6th, 2022, DC residents who are at least 21 years of age can self-certify on their patient application in lieu of securing a recommendation from their healthcare provider.



Registrations are free through August 18th, 2022. Registrations issued by September 30, 2022 are valid for two years from date of issuance. Residents can apply in-person, online, or by mail.

[Learn more and register here.](#)

IN THE COMMUNITY

WAVE Quarterly Meeting **Monday, July 18th, from 9:30 - 12:00**



This quarterly meeting of the Washington Area Village Exchange will have a plenary session on insurance for villages featuring a panel including a company that already insures a number of villages and an attorney. Additionally, the two villages which received the first Founders' Award from WAVE will give brief presentations about their respective projects.

If you are interested in attending this Zoom meeting, please email info@fbwevillage.org and we'll make sure you get the Zoom link (which is not available yet).

Move to Music with Ruth Barnes at the West End Library **Every Wednesday at 1:00 pm, next class is Wednesday, July 20th**

Move to Music is a gentle, full body movement class that offers greater mobility, balance and posture. Class incorporates smooth, rhythmic moves done to a mix of classical, jazz and contemporary music. Good for all fitness levels. A village members says, "A number of villagers go to her class. Ruth is a delight, and her class is ideal for improving balance."



This class run by Around Town DC and is intended for DC Residents age 60 plus. It is free.

A lifelong love of dance and movement therapy led Ruth Barnes to become a fitness instructor in 1999. Ruth is certified by the American Council on Exercise as a Group Fitness Instructor and is also a certified Zumba and Zumba Gold Instructor. Her philosophy is that exercise should be fun, safe and accessible to everyone. Her goal is to welcome all participants to an enjoyable experience of movement.

[Find more info here](#)

Ruth also runs a virtual Zumba class on zoom on [Tuesdays](#) and on [Fridays](#). You can register for them by clicking on the links above.

Around town DC still runs a few other zoom classes as well. [You can find the full list of virtual exercise classes here.](#)



Village to Village Network Microlearning Session on Pronouns

Wednesday, July 20th from 2:00pm to 3:00pm

Join Village to Village Network for a micro-learning session (short webinars) and post event discussion on pronouns. This is part of a series focused on supporting LGBTQ+ elders in the Village environment.

[Find more info and register here](#)

The Black Artist Research Space and DC Public Library present All Together exhibition June 15 – August 28th

Join DCPL for a visual exploration of race, gender, and sexuality through the lens of Black womanhood and girlhood in partnership with The Black Artist Research Space. Now on display at the MLK Jr. Memorial Library, All Together is an exhibition featuring twenty Black women-identifying artists whose works explore themes of African spirituality, ancestral veneration, and the ways vulnerability and optimism appear in the liberation of Black women.



The vibrant and compelling mixed media pieces were inspired heavily by Audre Lorde's collection of poems *The Black Unicorn*, and are accompanied by a curated selection of readings including:

- Parable of the Sower by Octavia Butler
- Ain't I a Woman by Bell Hooks
- I Know Why the Caged Bird Sings by Maya Angelou
- Assata: An Autobiography by Assata Shakur

The exhibit is on view June 15 – Aug. 28, 2022 at the MLK Jr. Memorial Library, First Floor West.

[Learn more about the exhibit here](#)



Event Directory For Ages 60 and Up.

UPCOMING VIRTUAL AROUND TOWN DC PROGRAMS

*DC Public Library Center for Accessibility Services for those who are Blind, Low vision, DeafBlind or Print Disabled
Wednesday, July 20th at 3:00 PM*

Kathy Gosselin with the DC Public Library Center for Accessibility will talk about services that the library offers for those who are blind, low vision, DeafBlind, or print disabled. She will review programs that people can use to read using a phone, computer, mobile app, or Amazon Echo device. This program will be available on Zoom and will be a conversation. She will also discuss the National Federation of the Blind (NFB) Newsline, a free service that people who are blind, low vision, DeafBlind, or print disabled can use to read news using a phone, computer, mobile app, or Amazon Echo device. It includes over 500 newspapers from all across the country, along with some international ones. It has 50 magazines with a variety of topics. It also contains job listings, Target store circulars, and weather reports. The system is easy to navigate, so the individual can find the publication they want to read from and the section of that publication. [Read more and register here.](#)

WEBSITES FOR PUBLIC VILLAGE EVENTS

The Washington Area Village Exchange has a website for area villages to list their public programs. It includes many fascinating programs from a number of area villages. Check out their site, <http://www.dmvvillageevents.org/>, to see what might interest you.

You also might have interest in upcoming Village to Village Network programs. [You can find the full VtoV calendar on their website here](#). Please contact the office if you would like to register for any VtoV event.

How to Register for Village Programs

Village programs and events will generally be announced only in the weekly Director's Notes, published on Monday morning.

- To register, first make sure you are logged into your account on the Village website. From the listing at the end of each program invite, click on the link.
- Then simply click the **REGISTER FOR THIS EVENT** button and follow the prompts.

- Finally, click **REGISTER FOR THIS EVENT AGAIN ON THE NEXT PAGE.**
- **You will receive an event confirmation email.** If you do not get this email, you are not registered. Please call the Village office at (202) 333-1327 and someone will be happy to help.
- **For some programs, you will use a personal email to register. Just email the person listed and let them know you plan to attend.**
- If you have any problems with registering for an event online, please call the Village office at (202) 333-1327 and someone will be able to register you for the event.

All FBWE programs take place on Zoom unless otherwise indicated.

Foggy Bottom West End Village
2430 K Street NW
(202) 333-1327

fbwe.helpfulvillage.com

FBWE Village | 2430 K Street NW, Washington, DC 20037

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