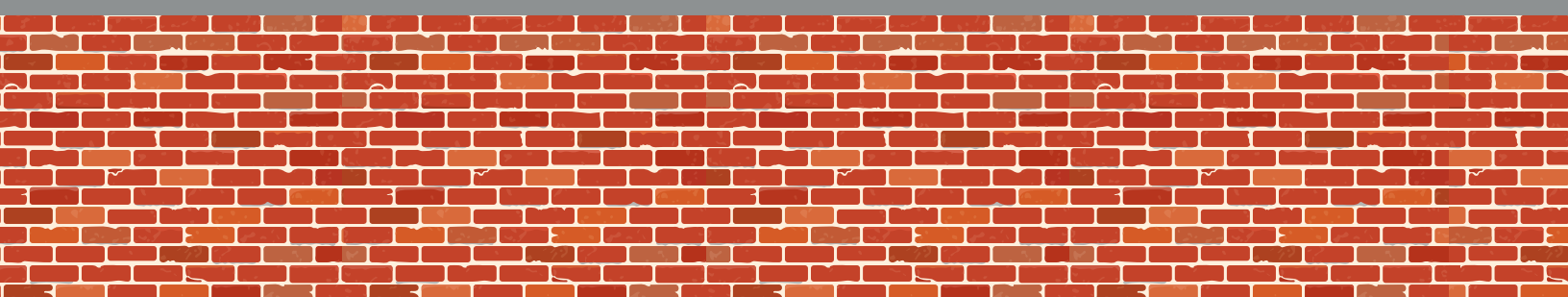


# FOGGY BOTTOM WEST END VILLAGE

ANNUAL  
  
REPORT FY2021

Lend a Hand, Stay Connected, Live Well at Home



## From FBWEV President Myrna Fawcett and Executive Director Denise Snyder



Fiscal year 2021 (October 2020 to September 2021) was both a year of challenges, due to the pandemic, and a year of successes. We're delighted to share details, pictures, and testimonials in this FY2021 Annual Report.



Village programming and services were, as always, robust, while taking into account the priority of keeping our members and volunteers safe in the face of Covid 19. Foggy Bottom West End Village turned on a dime with the pandemic, conducting our programs primarily online and restarting in-person services only when we could ensure that all volunteers and members receiving services were vaccinated. Helping to get members vaccinated was a major undertaking for our village in FY2021.

We continued to provide real value to our members including the work of our Program Committee which engaged members with a unique blend of 169 programs and groups — all conducted and organized by volunteers. And members and neighbors stepped up for our volunteer program, providing critically

needed transportation, errands, and other services to fellow members.

Thanks to the generosity of our many donors, and despite our inability to hold our annual fundraiser we closed the year with a small surplus. This was due, in part, to the availability of the Paycheck Protection Program (PPP). Of course, our donors were very supportive, making donations throughout the year, including two members who generously included us in their wills.

At Foggy Bottom West End Village, we are flipping the narrative on how we think about and approach life after 60. Whether we are looking for help or to help, offering programming or attending it, or simply looking for connection and some fun, we are defining these years as a rich and vibrant time in our lives. We take the public's narrative of aging as a time of isolation, decline, instability, and more, and flip it on its head. We are a community of individuals thriving together by engaging, giving, taking, learning, and making the most of this phase of life.

We hope you enjoy this Annual Report which shows, in our members' words, how much this means to us all.

# Foggy Bottom West End Village

## Mission Statement

The Village's mission is to assist residents of the Foggy Bottom/West End neighborhood who desire to remain independent in their homes by facilitating and coordinating a range of supportive services to enable residents to remain in their homes as they age and by sponsoring educational, social and cultural programs designed to promote their health and enhance their quality of life.



## Our Programs

Vibrant programming at the Foggy Bottom West End Village reminds members that our later years are a time of activity, learning, connection, and fun. The 169 programs in FY 2021 were all organized and run by the hard-working volunteers who served on the Program Committee.

They focused on four areas:

### **Health and Wellness:** **Keeping Fit, Strong, Stable, and Independent**

Programming ranged from ongoing exercise classes to special events on such topics as nutrition, and mindfulness. Whether they met once or monthly, they keep members strong both physically and mentally, building confidence and independence along the way. Highlights this year included the biweekly Caregivers' Support Group, the ever-popular balance and fitness classes, and the summer fitness

series taught by physical therapy students at GWU.

### **Arts and Culture:** **Staying Current, Enjoying Special Access**

While in-person museum tours weren't possible, the Village instituted Art Thursdays with monthly online tours and talks. Popular programs included the virtual tour of the Smithsonian Museum of Asian Art and a presentation discussing Art Works in Public Spaces. An amazing slide show set to music, "America the Beautiful", highlighted enchanting photos from across the country and remains hugely popular on our YouTube channel.

Additionally, the Village engaged with the art therapy program at GWU for a few summer programs and then accepted a graduate art therapy student for the academic year. This programming kept our members





ahead of the curve on the arts and culture.

### **Education:** **Remaining Sharp and Informed**

Educational offerings ran the gamut. Members learned about current affairs from programs that covered everything from election impacts to the latest on Covid research and trends. NPR's Scott Simon spoke to us for an hour with his wit and wisdom showing throughout. "Presidents at the Supreme Court" was also enjoyed by many villagers. The list goes on.

### **Social Activities:** **Keeping Active, Having Networks, and Connections**

From formal events to casual get-togethers, our social gatherings are the backbone of the Village. Although everything remained online for the first part of the year, members still gathered for weekly coffee chats and monthly happy hours and the men's lunch group.



*"I love the guys-only lunch. I love the cocktail parties."*  
— Jeffrey Reiman

In April, the weekly Coffee & Company, again started meeting in-person to everyone's delight.

*"The Tuesday morning coffee hour, I try to attend diligently because it gets me out of the house."*  
— George Arnstein



In June, we hosted a lunch at the Arts Club and the 40 members who attended appreciated the opportunity to converse with other members in person. Other social highlights included a free game at Nationals Park and our annual Ice Cream Social.



*"Our annual Ice Cream Social is a fun thing, cuz people sort of acting like kids at the beach."*  
— CB Wooldridge

## Services/Volunteering

At Foggy Bottom West End Village, we pride ourselves on supporting each other so we can all feel safe and stable, get where we need to go, and stay connected with a rich and caring network through both easy and hard times. With the generosity of so many volunteers, this translates into providing services for each other at all times throughout the year.

### Transportation

The most frequently requested volunteer service revolves around transportation, from getting to important appointments to running much needed errands. Members and other generous community volunteers drive members to medical appointments, to pick up prescriptions, to shop for groceries, and more.

### Support in Hard Times

Whether dealing with a temporary illness, managing on-going physical challenges, or anything in between, Village members don't have to worry about being on their own in times of need. Volunteers take care of household errands, manage pets, walk alongside members with balance concerns — you name it.

### Handling Ongoing Daily Challenges

Village members bring their expertise to help others. They dive in to navigate paperwork, help with tech support, hang pictures, assemble furniture, and more. We're here for each other to get through the nuts and bolts of life.

## Testimonials from Members

*"It is quite wonderful to drive somebody to the dentist or to their therapy session. So it makes you feel really good to volunteer."*

— Sue Headlee

*"We are a volunteer organization. So we really need volunteers. And that is really when you start making your connections. I'm a strong advocate for that, as well."* — Deborah Neve

*"Just the idea that you do have a phone number, you have probably some names of people that you can go to if you need help."*

— Annmarie Emmet



## Being There

We really are a Village, and check in on one another to make sure our neighbors are not isolated and are getting any needed health or other care. From weekly check-in calls to in-person visits, the Village can help fill the gaps when no family is nearby.

The beauty of this model is that everyone wins! Member volunteers and outside volunteers serving others get great personal satisfaction, both from knowing they are making a difference and from making new friends and expanding their own circles. Members receiving services

*"At this point in my life, volunteering means the opportunity to socialize. Down the road, it means that there will be a support system when I need that kind of support."*  
— Deborah Neve

feel more secure, connected, and mobile. It's a success all around!

## Covid Response

The pandemic continued to hit the country in so many ways. Our Village started early in the calendar year as soon as vaccinations were available, by getting accurate information out to the community and by helping older adults in our catchment area to get vaccination appointments.

We also drove many of our members to their vaccination appointments and supplied members with masks and rapid test kits. Test kits and masks were dropped off at homes, keeping members as safe as possible.

Of course, we continued to provide most of our programming online and any in-person services could only be provided to fully vaccinated members by vaccinated volunteers.

## Thank you to our Volunteers

During FY2021, Foggy Bottom West End Village volunteers performed more than 2,446 hours of service to the Village and its members.

Richard Bienia  
Mark Budd  
Lynn Cates  
Morris Chalick  
Anna Chisman  
Michelle Christian\*  
Paloma Costa  
Burke Dillon  
Marium Durrani  
Jeremy Evoy\*  
Myrna Fawcett  
Perry Feder\*  
Ruthmarie Finley  
Lorna Grenadier

Bob Haas  
Susan Haight  
Ellie Hart\*  
Preston Jutte  
Pat Kellogg  
Marilyn Kincaid  
William Kincaid  
Andy Knestaut  
Phyllis Kramer  
Ris Lacoste  
Suzanne Legault  
Jackie Lemire  
Binney Levine  
Stan Levine

Robin Meigel  
Louise Micallef  
Paul O'Leary  
Bob Phillips  
Cathy Raines  
Ciera Rawson\*  
Kate Read\*  
Kathleen Santarelli\*  
Nadia Taran  
Michael Thomas  
Bill Wicker  
Sally Willis  
CB Wooldridge

\* Intern

### 2021 Volunteer of the Year: Mark Budd



## Fundraising

Because member dues only cover about 15% of Village costs, contributions from individuals and companies in the community are essential to maintain services and programs. We also get annual support from a local foundation, the Mathilde & Dorothea W. Holliedt Home Fund, to provide partial support for our reduced-fee members.

The grant from the Department on Aging and Community Living (DACL) also helps support our Village and the

other 12 Villages in the District of Columbia. FBWE Village manages this grant on behalf of all the Villages. In return, a portion of both the executive director's and assistant director's salaries are paid through the grant. Managing this grant not only helps cover staff costs, it also affords FBWE Village a high profile with government officials and with the other DC Villages.

Following is a list of our donors during FY2021 (October 2020 — September 2021.)

### **\$10,000+**

Foggy Bottom  
Association Defense  
& Improvement  
Corp.  
Carl Vacketta

Bob Haas  
Sue Headlee  
Sonia Herson  
Alan Ingber  
Binney S. Levine  
Paul O'Leary  
Louise Sagalyn  
Jane and Joe Selby

Jean Manning  
Deb and Trev Neve  
Ernest Pozzi  
Anne Roger  
Denise Vogt and  
Frank Leone  
Sally Willis

Hugh Hart  
Ellen Heiman  
I M Shin Enterprises  
Linda Kaplan  
Patricia Kellogg  
Gail Kohn  
Paulette Korkegi

### **\$5000 to \$9999**

Martha Gil-Montero  
and Joe Page  
The Mathilde and  
Dorothea W.  
Holliedt Home Fund

Ann Sheffield  
Lu Tanner  
Western  
Presbyterian  
Church  
CB Wooldridge

### **\$100 to \$499**

Matt Abrams  
Susan Armbruster  
Monika Bernstein  
Liesbeth Boxman  
Jenny Brake  
Caseys Coffee  
Lynn Cates  
Kate Clinton  
Jeneane Collings  
Ruthmarie Finley  
Bernice Friedlander  
Barbara Friedman  
Christine Gardner  
Letitia Gardner  
Patrick Griffin

Sasha Mabry  
Judith Maguire  
Bruce Mayor  
Linda Mazzochi  
Denise Oken  
Vivian Otteman  
Ruth Schimel  
Fanchon Silberstein  
Daniel Stevenel  
D. "Diane" Tai  
Nadia Taran  
David Ucko  
Claire and Pierre  
Wagner  
Bill Wicker  
Louise Wiener

### **\$2500 to \$4999**

Dava Berkman  
Annmarie Emmet  
Myrna Fawcett  
Michael Thomas

### **\$500 to \$999**

William Armistead  
Heide Castleman  
Ana and John Clark  
Janet Farbstein  
Bev and Anders  
Gyllenhaal  
Bobbie and David  
Hertzfeldt  
Phyllis Kramer

### **\$1000 to \$2499**

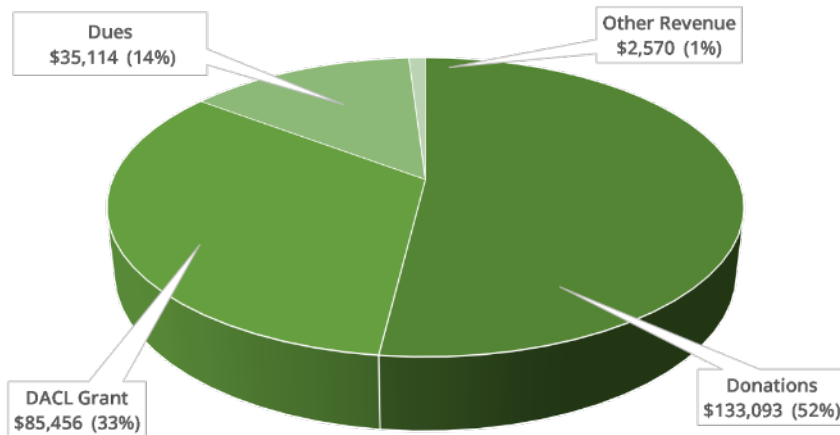
Janet & John Abowd  
Morris Chalick  
Anna Chisman  
Burke Dillon  
Lorna Grenadier

## FY2021 Financials

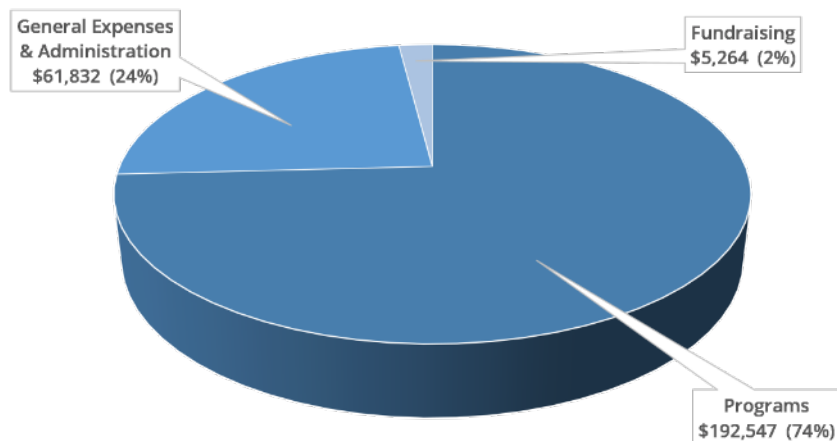
The firm of Rogers & Co. handled FBWEV's annual audit for FY2021, which went very smoothly with no findings. We are proud of the fact that more than half of our income comes primarily from individual donors, many of whom are members.

The "Programs" expense category is used here as audits use the word to describe anything that directly serves a nonprofit's mission and includes all expenses related to services, programs and activities, volunteers, communication with members, and outreach.

### Revenue



### Expenses





## Village Leadership and Staff

### Board of Directors

The Board of Directors' governance, fiscal oversight, and strategic vision makes the Village an important part of the Foggy Bottom West End community. Combined with the enormous volunteer efforts of so many members, their commitment to sustaining the organization has had an invaluable impact in the neighborhood.

#### FY2021 Members of the Board of Directors

Myrna Fawcett — President

Bill Kincaid — Vice President & Treasurer

Pat Kellogg — Secretary

Stan Levine — Treasurer

Richard Benia

Morris Chalick

Ris Lacoste

CB Wooldridge

Nadia Taran



### Staff

Denise Snyder serves as the Village's Executive Director and has been with the Village since April 2019. Her 40 years in nonprofit management and her deep commitment to the Village concept has helped her strengthen FBWE Village.

*"I love my job because of the variety of responsibilities, but mostly because the members and volunteers inspire me, make me laugh, and are the most kind and giving folks you'd ever want to meet."*

Jonas Frumkin has been the Village's Assistant Director since June 2020. His friendliness, excellent tech skills, and ability to organize has made him a valuable asset to the Village.

*"I am proud of helping the Village overcome the massive disruption caused by Covid. I enjoyed running so many Zoom programs in FY2021 to help our members stay connected to their community while having to stay at home. I am especially proud of the dozens of vaccination appointments myself and our volunteers were able to obtain for our members when those slots were very limited."*

# FOGGY BOTTOM WEST END VILLAGE



Lend a Hand, Stay Connected, Live Well at Home

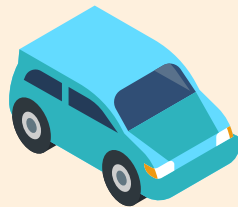
[www.FBWEVillage.org](http://www.FBWEVillage.org) • 202-333-1327

During FY2021, FBWEV volunteers achieved ...



**2,114**

Friendly  
Visits



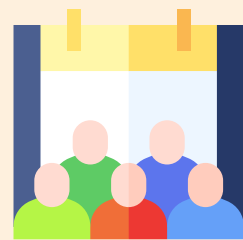
**129**

Rides



**123**

Deliveries &  
Support



**169**

Village  
Events