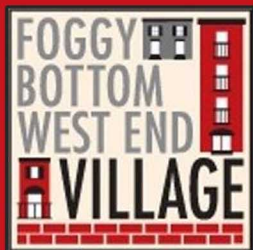


# 2018 Annual Report



**Lend a Hand, Stay Connected, Live Well at Home**



# Highlights of 2018

**What a great year** for the Foggy Bottom West End Village! We did more programs than ever before, deepened our understanding of social isolation and how to treat it, provided services to our members as requested, and strengthened the stability of the Village.

**Volunteers:** In addition to having a full-time executive director and part-time program specialist on staff, we also had strong volunteer leadership and many hard-working volunteers behind the scenes, making everything from the Gala to the weekly programs come together. Countless hours were spent identifying program speakers, setting up locations and other logistics, and publicizing activities. Volunteers head up every affinity group, checking in with instructors and participants, and making sure these weekly or monthly activities run smoothly. Volunteers also respond to virtually all of our service requests.

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**Board of Directors:** The Board of Directors, volunteers all, ensure we meet all federal and local requirements for non-profits, raise critical funds, and oversee all financial activity, enabling the Village to be the best possible steward of its assets. Additionally, they provide the strategic vision for the organization, keeping the Village focused on its mission. In 2018 they completely revised the Directors' Manual and approved the rewritten membership and volunteer manuals as well. Several new board members joined during the year bringing valuable skills and more energy.

**Fundraising:** We introduced the Legacy Giving Program with 10 founding members, all committed to including FBWEV in their wills. During 2018 we received two large bequests totaling \$25,000. Other fundraising included a successful annual appeal and, of course, the Gala, honoring Susan B. Haight with the annual Founders' Torch Award for Community Service which exceeded our fundraising goal. More than 75 people enjoyed the silent auction, the Wall of Wine, and the delicious food. All of this generous support enabled the Village to expand the number of reduced fee members and maintain its many programs and services.

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**Social Isolation:** In 2018 FBWEV implemented a \$71,000 grant from the DC Office on Aging (DCOA). As part of this project, we hosted a special learning series on the topic of aging and social isolation. This public event included a panel discussion of outstanding academics and experts on the topic of social engagement, including how to recognize and address social isolation. The concluding component of the event was an activity fair which gave participants the opportunity to explore innovative solutions and learn about new ways to stay connected, including using technology as a tool for social engagement.

**Services:** The Village, through our corps of vetted volunteers, offered a wide array of services to our members. The most popular was transportation - rides to medical appointments, social activities, and personal errands. Members also benefited from technical assistance - setting up new equipment, troubleshooting existing equipment, and explaining how to use various software. Volunteers ran numerous errands for members including grocery shopping and going to a pharmacy to pick up medications or to a post office to drop off packages. Other services utilized included minor home projects, help organizing and/or completing paperwork, and accompaniment to medical appointments.





# Programs

**Outstanding programs** in 2018 included four art tours ranging from The Textile Museum to The Phillips Collection and book discussions which were always crowd-pleasers. These included the author-led discussion on “The Watergate: Inside America’s Most Infamous Address.”

**FBWEV hosted** six current event discussions and three lectures on varying topics from “Finances for Today & Tomorrow” to “Harriet Tubman: A Woman Called Moses.” We were also able to provide our members with two private tours of the Supreme Court.

**Our Health and Wellness** programs, always of great interest to members, included How Healing Works, What’s for Dinner, Stress Management, and Stepping Safely into Winter. Another set of programs which included some of the highest attendance focused on technology, starting with an overview, followed by four sessions addressing specific tech issues related to iPhone use.

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**Affinity Groups** for FBWEV are interest-specific groups which meet regularly (weekly or monthly) and are led by a volunteer. These change over time as members' interests evolve, but Affinity Groups for 2018 included: Gentle Yoga, Guys at Lunch, Mindfulness Meditation, Caregivers' Support Group, Sports Discussion Group, Qi Gong, Walkie Talkies, and the Women's Lunch Group.

**Last, but far from least,** FBWEV always has very popular social events. These include four Happy Hours and our annual Ice Cream Social, a summer highlight. We offered two backstage tours – one at Arena Stage and “Backstage at The Kennedy Center Honors: From the Green Room To The Podium.” And most popular of all were our Village Cabaret, featuring easy listening hits, and our year-end Holiday Party because having fun is always a Village priority!





## Statistics for 2018

**We're pleased** with and proud of our numbers this year!

### **Programs and Affinity Groups: 424**

Curated museum and art gallery tours, coffee gatherings, health and fitness workshops, book groups and singing groups, happy hours, current event discussions and well attended workshops on technology, along with scores of other activities, kept FBWEV members busy and engaged. If it was of interest to seniors, we addressed it!

**Volunteers make this Village** what it is! They plan and manage all the programs, coordinate the affinity groups, plan and implement the annual fundraiser and work in the village office. In addition **our volunteers fulfilled over 75 formal requests** for transportation and other services.

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**What you don't see** in those formal requests are all the informal requests that are made to fellow village members. The primary function of a village is to create a sense of community, to help people build relationships and a supportive “safety net.” As a result of successfully creating networks many Villagers now turn to someone they consider a friend – someone they got to know through the village – when they need a ride or help with something in their home. If we counted these services the number of requests would likely match the number of our programs!

**Village Members: 157**

Membership continued to grow in 2018, with a 7% increase over 2017. Members recruit new members – word of mouth is the best source of publicity we could have. Of that membership, 17% are reduced fee members, meaning their membership fee ranges from \$0 to \$100. The remaining part of their membership fees are raised by the Development Committee for that specific purpose and are not taken from other members' dues. We are pleased to note that this is the highest percentage of subsidized members of any village in D.C.



# **Financial Overview**

Financially the Village had another strong year. A net income of about \$8,000 added to the cushion built by our founders and others to ensure the sustainability of the Village, and total assets reached almost \$341,000. This was our first full year with a full-time Executive Director, as well as a part-time senior program specialist, and -- typical for Villages -- staffing was our biggest expense. A major grant from the DC Office of Aging (DCOA) financed our work on combating social isolation. The spring Gala netted about \$47,000; two donors gave \$7,360 to help subsidize reduced fee memberships; and more than \$83,000 was provided by other donors, including bequests and our Annual Appeal. We are so grateful for all this generous support.

## **Statement of Activities** **January-December 2018**

<b><u>Income</u></b>		<b><u>Expenses</u></b>	
Member Dues	\$60,014	Payroll Expense	\$143,128
DCOA Isolation Grant	78,005	DCOA Project Video	58,852
2018 Gala (1)	71,185	Gala Expense (1)	24,206
Donations for RFMs	7,360	Program/Services	22,413
Other Donations	83,352	Accounting/Insurance	12,137
Other income	4,864	Other Expenses	35,826
Total Income	\$304,780	Total Expenses	\$296,562

(1) Gala expense includes about \$11,000 paid for trips auctioned at the gala, while gala receipts include the gross proceeds from those trip sales.



## **Balance Sheet as of December 31, 2018**

### **Assets**

Bank Accounts	\$179,846
Certificates of Deposit	150,856
Fixd Assets	10,167
<b>Total Assets</b>	<b>\$340,869</b>

### **Liabilities/Equity**

Current Liabilities	\$ 3,224
Retained earnings	329,427
Net Income	8,218
<b>Total Liabilities/ equities</b>	<b>\$340,869</b>







# 2018 Village Donors

## **\$10,000 Plus**

Mary Ann Boukalis  
Susan Gschwendtner  
Foggy Bottom Association Defense & Improvement Corp.  
Barbara Kahlow  
Lu Tanner  
Leslie deVeau Trust

## **\$5,000 to \$9,999**

EastBanc  
Susan B. Haight  
Holliedt Home Fund  
Carl Vacketta

## **\$1,000 to \$4,999**

George Arnstein	Merrill Lynch
Dava Berkman	Paul O'Leary
Heide Castleman	Joseph Page
Anna Chrisman	Joy Ravwid
K. Burke Dillon	The Ritz-Carlton
Annmarie Emmet	The River Inn
Equinox Sports Club	Jane Scholz
Madelyn Evans	Leah Schroeder
Foggy Bottom Association	John Seichter
FrontStream	Jane and Joe Selby
GWU Hospital	The Watergate Hotel
Sue Headlee & Jeff Reiman	John Williams
Sonia Herson	Western Presbyterian Church
Ingleside at Rock Creek	C.B. Wooldridge
Jacqueline Lemire	Nancy Yanofsky



## 2018 Village Donors

### Under \$1,000

Anonymous, Anonymous, Anonymous, Matt Abrams, Lois Adelson, Michael Akin, Councilmember Charles Allen, Arena Stage, Susan Armbruster, William Armistead, Lynnette Asselin, David Avitabile, John Barnett, Sharon Bates, Monika Bernstein, Mary Bernstein, Howard Biel, Diane Bild, Mark Bohannon, Arthur Brown, Shirley Bryan, Anna Cacace, Elizabeth Carter, Mireille Casillas, Lynn Cates, Morris Chalick, Patrick Chauvin, Councilmember Mary Cheh, HyeSook Chung, John Clark, Ana Clark, Cathleen Clinton, Bonnie Cohen, Sara Cormeny, Jill Cummings, Laura Cunningham, Joan DeCoste, Leeanne Decker, Ronald Dennis, Marcy Dolan, Keegan Downey, Mary Dusing, Eatwell DC, Joelle Egger, Elvind and Hans of Georgetown, Encore Creativity, Jeri Epstein, William Erickson, Councilmember Jack Evans, Janet Farbstein, Lisa Farrell, Myrna Fawcett, Five Element Wellness, Sheila ffolliott, Forest Hills of DC, John Formisano, Ann Franke, Polly Frawley, Marianne Freeman, Bernice Friedlander, Galley Foods, Chrissy Gardner, Tish Gardner, Beryl Gilmore, Jeff Glasston, Betty Gray, Beverly Gyllenhaal, Robert Haas, Charles Haight, Hugh Hart, Linnea Hegarty, David Hertzfeldt, Robert Hill, Gretchen Hitchcock, Edward Hurwitz, Alan Ingber, Armando Irizarry, Dave and Chris Jackson, Ruth Jaeger, Anita Jones, Linda Kaplan, Zelda Kapner, Denise Kasper, Patrica Jackson King, Helene Kenny, Sherri Kimbel,

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# 2018 Village Donors

## Under \$1,000

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William Kincaid, Gail Kohn, Phyllis Kramer, Albert Kramer,  
Melissa Kunstadter, Lucy Labson, Ris Lacoste, Luis Landau,  
Josh Lasky, Binny & Stan Levine, James Lewis, Sasha Mabry,  
Christina MacCulloch, Jean Manning, Marcel's by Robert Wiedemaier,  
Jonda McFarlane, Paul McKee, Ruth Mendelson, Nancy Miller,  
Morton Mintz, Mosaic Theater Co., Andrea Muto,  
Deborah and Trevor Neve, Mallios & O'Brien,  
Margaret O'Rourke, Mark Ording, Kevin Osborne,  
Osher Lifelong Learning Institute at American University,  
Vivian Otterman, Wendy Pallett, Nancy Porter, Dee Prins,  
Steven Prumo, Barbara Reck, The Residences at Thomas Circle,  
Rosemary Reed, Elaine Ross, Katalin Roth, Trina Rubenstein,  
Lee Rubenstein, Kimberly Russo, Pam Ryan-Brye, Louise Sagalyn,  
Ruth Schimel, Richard Schroeder, Barbara Searle, Leigh Sempeles,  
Ann Sheffield, Sally Sherman, Adele Silver,  
Councilmember Elissa Silverman, Ann Smid, Jeanne Smith,  
Megan Sokolowski, Ori Soltes, Daniel Stevenel, Jane Stieber,  
Chez Sud Billy, Sally von Summer, Diane Tai, Nadia Taran,  
Stanley Tempchin, Valerie Terry, Theater J, Michael Thomas,  
Bobbie Thorberg, Denise Vogt, Bob Wager, Pierre Wagner,  
Georgine Wallace, Sandy Walter, Washington Opera Concert,  
Deborah Weaver, Nancy Webb, Leslie Weiner, Madelaine Weiss,  
Mary Wigginton, Sally Willis, Anne Windle, Richard Winter,  
Sue Wright, Jean Yablon, Tim Young