



Director's Notes: Monday, June 5th, 2023

Phone: (202) 333-1327

fbwe.helpfulvillage.com

Executive Director: Denise Snyder

10th Anniversary Celebration - October 14th

City's Plans for Aston Hall

As many of you might already know, GWU has sold a building to the District's Department of General Services (DGS). Aston Hall, located at 1129 New Hampshire Ave, NW, formerly housed graduate students for the university.



At this point there are many more questions about the future use of this building than there are clear answers. What some in the Foggy Bottom West End area have been told by DGS is the building will be used to shelter medical ill individuals who are currently unhoused. It will be for short-term use with residents staying 3-4 months.

There are many concerns about what services will be made available to those staying at 1129 New Hampshire Ave including meals, medical care (physical and psychological), transition and follow-up plans, and security for both the residents of the building and the community.

Comments from the ANC need to be made to DGS by July 5. Jim Malec, Chairperson of our ANC, is considering a special meeting to bring together appropriate government officials to provide more information and to answer the community's questions. If you think it would be helpful to have such a forum, you can write to Chair Malec at (2AO2@anc.dc.gov) or call him at (202-251-3939) to encourage him to set up the special meeting as soon as possible.

To be clear, FBWE Village is not addressing whether the shelter should be there or not because our membership has different views on that topic. We will, however, advocate for a public hearing so local residents can both hear from the city's officials and be heard.

-Denise



VIETNAM VETERANS MEMORIAL TOUR

A couple of weeks ago, the village hosted an excellent and informative tour of the Vietnam Veterans Memorial. The Village would like to thank Village member and National Parks Service volunteer Annmarie Emmet for giving a fascinating tour! Thank you as well to Lynn Cates for the picture above.

Above (from left to right): Elena Strunk, Jackie Lemire, Lorna Grenadier, Peggy Enrich, Paul O'Leary, Annmarie Emmet, Christina Farnsworth, Lynnette Asselin. (Lynn Cates is behind the camera)

In Memoriam

Amitai Etizoni, a FBWE Village member since 2022, passed away on May 31st. Amitai had an amazing career and his obituary was detailed in both the NY Times and the Washington Post. [Click here to see the story in the Post.](#)

HAPPY BIRTHDAY!

This week we are wishing a very Happy Birthday to two amazing people!

- Diane Tai - June 6th
- Fanchon Silberstein - June 9th



PROGRAMS

ON THE ROAD AGAIN!

Tuesday, June 13th, at 2:00 PM
West End Library Large Conference
Room, 2301 L St NW

Village member Lynn Cates invites you to join her for a photographic presentation about her road trips across America. After she retired, Lynn began exploring this beautiful country by taking cross-country road trips. A couple of years later she became passionate about photography and that has made her road trips even more special. Come and share in her fun, adventures, and the beautiful scenery our country has to offer.

Cost: None



[Click here to register for this delightful presentation](#)

JUNE GUYS ONLY AT LUNCH **(GOAL)**

Thursday, June 15th, at 12:30 PM
The Saga, 1190 22nd St NW

theSaga

The Ritz Carlton's restaurant, formerly known as The West End Bistro, has reopened as The Saga, and is finally available for lunch. Several "GOALies" have been awaiting its reopening, so we'll try it out for June's lunch: "A new restaurant by the team behind Seven Reasons and Imperfecto" where "Spain meets Latin America." The menu is here: thesagadc.com/menu. Please join us for a culinary exploration; the maître d' has promised a large table in the rear of the restaurant. That's the quieter section so we can hear each other's tales, opinions, debating points, and quips.

Note that the *time is back to 12:30pm* now the conflict with another event

is resolved.

Cost: Each participant is responsible for the cost of his own lunch. Separate checks will be provided. The reservation is under the name Neve.

Accessibility: The venue is fully accessible. Open to all male members and their guests.

Registration is required. Please e-mail Trev Neve at tlneve@rcn.com by Tuesday, June 13th, if you plan to attend, so he can get a final headcount for the table reservation.



Essentials of Tai Chi and Qigong: Improve health, reduce stress, create balance.

This series of 8 classes will provide participants with a fundamental knowledge of Tai Chi and Qigong, traditional Chinese health and martial disciplines. Classes will meet in the Atrium at St. Paul's. The first two classes (Friday, June 16th & Friday, June 23rd) will be free to allow folks to see if they are interested in the class.

Each class will introduce a few movements and guide students to practice them. The purpose of each movement for health and/or self defense will be presented, allowing students to identify movements that might address personal health challenges.

Class size is limited to 16 attendees, and is open to participants of all ability levels. Some portions of the class will be done seated, and those who prefer to remain seated will be accommodated.

The class will run from June 16 – August 4 (12:00 – 12:45) with the first two classes free. [Click here to register for the trial classes](#)

Beginning Friday, June 30th there will be a fee of \$70 for the following six classes. That fee is for all 6 classes. This class will be open to non-Village members in the community, so make your reservation early. [Click here to register for the six week session of paid classes.](#)

MM Friday Morning Music Club

Free Saturday Concert

**Saturday, June 17 at 2:00 p.m.,
Saint Paul's Episcopal Church, 2430 K St NW**

Join us for a delightful summer musical afternoon (courtesy of the Friday Morning Music Club).

We welcome soprano **Shaina Martinez**, a graduate of the University of Maryland and the Manhattan School of Music for a **varied program of musical selections** from composers such as Samuel Barber, Olivier Messiaen, Maurice Ravel, Heitor Villa-Lobos and others. The winner of a growing number of prestigious national music awards, Ms. Martinez enjoys an expanding career of recital and opera venues throughout the country. She will be accompanied by acclaimed pianist **José Cáceres**.

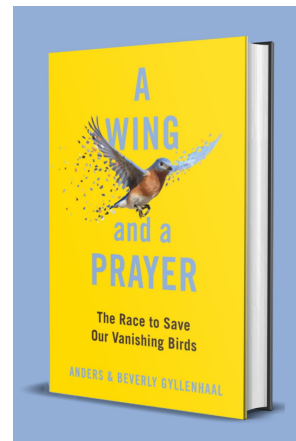


Followed by refreshments in the atrium. [Click here to register for the concert.](#) It is open to the public.

Bev & Anders Gyllenhaal's New Book Talk, "A Wing and a Prayer."

**Friday, June 23rd at 1:30 pm
West End Library large conference room, 2301 L St NW**

For our newer members, Bev & Anders were very active members of the village beginning in 2013. Bev is one of our founders and worked diligently for years on membership. Anders was well known for the book club he ran, not to mention his musical talent.



Here is some information on their program! [Click here to register if you can join us for the book talk!](#) The book, featured recently on Good Morning America, will be available for sale at our program and Bev & Anders will happily sign your copy. Additionally, FBWE Village will get 10%-20% of the sales.

An Untold Story: The race to save our vanishing birds

Anders and Beverly Gyllenhaal will walk through highlights of their new book, *A Wing and a Prayer: The Race to Save Our Vanishing Birds*. This is the story of what's being done to save birds in the midst of dramatic downturns in North American populations. Their presentation draws on their 25,000 miles of travel across the hemisphere researching the book,

interviews with 300 people in every station in the world of birds, complete with photos.

Anders and Beverly are veteran journalists who've worked for decades as reporters and editors. Beverly was a feature writer, then food editor, and finally syndicated columnist and cookbook author. Her Desperation Dinners series has a quarter million copies in print. Anders was an investigative reporter at The Miami Herald, then went on to lead newsrooms in Raleigh, Minneapolis, Miami and Washington. He's long been active in journalism circles, serving on the board of the Pulitzer Prizes, Society of Newspaper Editors and Journalism Funding Partners. As their work slowed down, they started following birds and photographing and writing about them for magazines and newspapers around the country. They also publish a photo-rich website, FlyingLessons.US: What We're Learning from the Birds

[Here is a link to the detailed description of their new book](#)



VILLAGE WOMEN - IT'S TIME FOR LUNCH!

Wednesday, June 28 at 1:00 pm

RIS, 2275 L St NW

DELICIOUS FOOD, CONVERSATION, LAUGHTER AND NO NOISE!

We tried but we like to talk at lunch and now we're going to be able to hear each other at our favorite chef's restaurant, the one and only Ris!

Cost: Each participant is responsible for the cost of her own lunch. Separate checks will be provided. The reservation is under the name FBWE Village.

Accessibility: The venue is fully accessible.

Registration required. Please email Chrissy Gardner at chrissy@risdc.com by Monday, June 26, if you plan to attend so she can get a final count for the table reservation.

GWU Older Adult Exercise Program --Summer Session!

Stay active and cool with EARLIER SUMMER
HOURS: 10:00 AM Tuesday & Thursday, from
June 6 to August 3, 2023
Room B112A (basement), Milken School of

Who: Angela Ingram, Instructor, Department of Exercise and Nutrition Sciences
Tuesdays: Strength Training **Thursdays:** Dance Conditioning



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NEW participants need to:

1. **Obtain or renew their GWorld Card**
2. Complete a waiver form
3. Complete the Participant Health and Exercise Profile form

For details and forms click here. If you would like printed copies of the forms please let the office know and they can be provided.

Cost: Free to members

Village liaison: Nadia Taran. For questions/information: nadiataran@mindspring.com

AFFINITY GROUPS

FBWE BOOK CLUB: CALL FOR BOOK SELECTIONS

Hi FBWE Book Club Members and Prospective Members. There are two books scheduled for the forthcoming June and July meetings, listed below, and we need to select books for future meetings. As we discussed at the April meeting, Adele will be collecting suggestions from the book club members, and prospective members, and will then submit them to the book club to choose. Please submit your book suggestions to Adele Gottfried at agphd2@gmail.com.

At the April meeting, the book club discussed and agreed to the following procedure. Members and prospective members, please suggest a book and include one sentence about the reason for your selection. Also, please include no more than 1 short paragraph which is a brief description or review of the book. Adele will forward these book suggestions and supporting info to book club members for discussion at the upcoming June meeting, which is June 7th. Additionally, if you have not been a book club member, but would like to be, please feel free to attend. Book club meets the first Wednesday of each month at the West End Library at 2:00. Book discussions have been interesting and stimulating, and here is a chance to interact with FBWE book lovers!!

- **June 7th:** 'Still Life' by Sarah Winman
 - **July 5th:** 'Visual Thinking' by Temple Grandin
-

NATIONAL GALLERY OF ART TOUR IN FRENCH

The French conversation group's next gathering will be Friday, July 7th at 2 pm at the National Gallery of Art where they will have a French-speaking guide to tour: "French Art: Impressionism to the Early 20th Century".

Tour description: In what ways did 19th-century French artists break with tradition and transform French art? Together we will look closely and explore how artists such as Monet, Cézanne, and Cassatt challenged the art establishment through their subject matter and techniques.

The tour will last about one hour, after which the group can gather in one of the NGA eateries for conversation, coffee, and vin peut-etre?

We had done an NGA tour in French a while back that so many of us enjoyed — we thought this might be fun for all. We are also exploring other venues that offer tours en francais. If you know of any off hand, please let Lorna know (e.g. Kennedy Center, Hillwood?).

Stay tuned for more information later in June. Please mark your calendars now! Contact Lorna Grenadier at lgrenadier@gmail.com if you're interested in attending, if you have any questions about the French language tour, or if you have ideas for other French language tours!

Parlez-vous français?

We are looking for a volunteer to serve as the new coordinator of the FBWE French club. This affinity group is for members who would enjoy speaking or practicing their French while socializing over a glass of wine. The coordinator will be responsible for arranging the meetings and will determine the day, time, and frequency as best suits the participants. If you speak French moderately well or better, please consider volunteering for this position. Contact info@fbwevillage.org or 202-333-1327 if interested.

BROOKE PINTO AT COFFEE CHAT CANCELED

The Coffee Chat with Council Member Brooke Pinto scheduled for Tuesday, June 13th has been canceled due to a council vote scheduled for the same time. It will be rescheduled for sometime this fall. A regular coffee chat will be held at Bread & Chocolate that morning.

TUESDAYS

COFFEE & COMPANY at 10:00 am (weekly)

Meets at Bread and Chocolate at [2301 M St NW](#) (contact for more information)

Contact: Marianne Taylor at taylmarianne@yahoo.com

CAREGIVER'S SUPPORT GROUP (1st and 3rd Tue.) at 1:00 pm

Online via Zoom (contact for more information)

Contact: Phyllis Kramer at pfkramer38@gmail.com

WEDNESDAYS

VILLAGE YOGA GROUP (weekly) at 11:00 am

There is NO yoga class on June 7th; it will resume on the 14th.

Meets in the atrium of St. Paul's Church, 2430 K St NW (contact for more information)

Contact: Sue Headlee at headlee@american.edu

WOMEN'S LUNCH GROUP (4th Wed) at 1:00 pm

Check announcement for monthly location (contact for more information)

Contact: Chrissy Gardner at chrissy@risdc.com

BOOK DISCUSSION GROUP (1st Wed) at 2:00 pm

Meets at West End Library (contact for more information)

Contact: Barbara Reck at barbarareck@gmail.com

FRENCH CONVERSATION GROUP (changing Weds) at 5:00 pm

Location Changes (contact for more information)

Contact: Sally Willis at sally.willis@yahoo.com

THURSDAYS

WALKIE TALKIES at 9:00 am (weekly)

Meets in Washington Circle at the Statue (contact for more information)

Contact: Lorna Grenadier at lgrenadier@gmail.com

GUYS ONLY AT LUNCH (GOAL) (3rd Thu) at 1:00 pm

Various locations (contact for more information)

Contact: Trev Neve at tneve@rcn.com

FRIDAYS

FIRST FRIDAY FILLAGERS (1st Fri) at 11:30 am

Meets in the Dining Room at St. Paul's Church, 2430 K St NW (contact for more information)

Contact: CB Wooldridge at cbwould2003@yahoo.com

MEDITATION GROUP (weekly) at 3:00 pm

Meets in the Undercroft Room at St. Paul's Church, 2430 K St NW (contact for more information)

Contact: Lucia Pollock at 202-716-7401 or luciapollock@yahoo.com.

OTHER PIECES

Smart Moves

Introducing six short, recorded segments developed for our Village by GWU Physical Therapy graduate students. The recordings will be posted on our YouTube channel on a playlist called SMART MOVES 2023, [click here for the playlist](#).

Week 3: Improving Balance

Our topic: We chose balance to stress the importance of implementing balance into a daily routine. Our hope is that our audience will be able to identify their current level of balance and in add exercises to enhance their active lifestyle. We will be giving the community members exercises in a handout to refer back to.



[Click here to view the Improving Balance presentation](#)

DCPL SURVEY

DC Public Library seeks West End community members interested in sharing their feedback on how to enhance the customer experience at the library. The focus group/customer research meeting will be on **Wednesday, June 14th from 11:00 AM-12:30 PM** in the Large Meeting Room at the West End Library.

Participants can sign up at here: forms.gle/jprkoyKxZtL9XUEU9. The deadline to sign up is Wednesday, June 7th.

DC PUBLIC LIBRARY

WE WANT

TO HEAR FROM YOU!



Let us know your experience at
WEST END NEIGHBORHOOD LIBRARY

See if you are eligible by taking a quick survey.

Use your phone to scan the QR code, or type the link below into a browser.

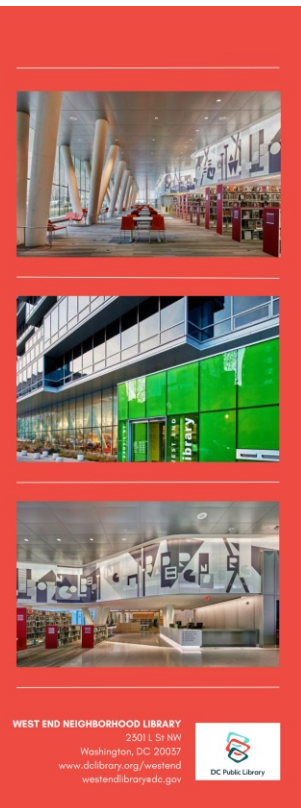
<https://tinyurl.com/ytv824sd>

STUDY TYPE

One hour in-person discussion group

ELIGIBLE PARTICIPANTS WILL MEET

**Wed., June 14, 2023
11:30-1:00 PM**



UPDATED WEST END LIBRARY SUMMER HOURS

DC Public Library is shifting hours starting Monday, June 26th. Updated hours for neighborhood libraries, including our West End Library, are listed below.

- Monday - Wednesday | 9 a.m. - 8 p.m.
- Thursday | Noon - 8 p.m.

- Friday - Saturday - 10 a.m. - 6 p.m.
- Sunday | 1 p.m. - 5 p.m.

AAPI Heritage Month Through Film

Are you looking for some vibrant and exciting entertainment that celebrates Asian American and Pacific Islander (AAPI) actors and actresses, directors and culture?

Look no further than Kanopy, the video streaming platform that brings the best of world cinema straight to your screen - accessible (and free!) with your library card! From the heartwarming family dramas of Japan to the adrenaline-fueled action of South Korea, Kanopy has an incredible selection of films that showcase the diverse voices and perspectives of the AAPI community. [Start streaming on Kanopy today and let the adventure begin!](#)



IN THE COMMUNITY

Capital Pride 365

June is Gay Pride month and DC is putting on a number of fun events over the course of the month. Capped by the [annual pride parade on Saturday, June 10th](#) and the [capital pride concert on Sunday, June 11th](#) featuring a number of superstar performers headlined by Idina Menzel. There are a number of other exciting events throughout June. [Click here for the full calendar of events.](#) [Click here for more information on Capital Pride](#)



A Conversation with Brady President Kris Brown

Thursday, June 13, 10-11am via Zoom



Since the tragedy in Uvalde, TX a year ago, at least 600 additional mass shootings have taken place across the country. Join AHA for a special presentation featuring Brady Center to Prevent Gun Violence president Kris Brown. She will address the comprehensive work that Brady is doing on the national and state level - in Congress, the courts, classrooms and communities - to combat gun violence. Kris will explain specifics of the organization's current work, along with the research and data that shapes its strategy. Topics will include expanding background checks, closing gaps in current gun laws, ending gun industry immunity, banning assault weapons and much more. Question-and-answer time will follow. Join this compelling conversation to better understand the direct

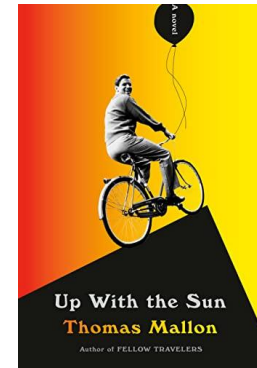
ways to approach this immense challenge facing our country.

Register: aha@athomeinalexandria.org or 703-231-0824

Author Talk - Up with the Sun with Thomas Mallon

**Thursday, June 29, from 6:30pm - 9:00pm
At the West End Neighborhood, 2301 L St NW**

To wrap up Pride month, join the Library and Little District Books as they host DC's own Thomas Mallon for his new novel *Up With the Sun*. Joined by Jamie Kirchick, author of *Secret City*, Mallon will discuss his new historical fiction telling of the rise and fall of Broadway actor Dick Kallman.



About the Book:

Dick Kallman was an up-and-coming actor—until he wasn't. From co-starring in Broadway shows, to becoming part of Lucille Ball's historic Desilu workshop, and then finally landing his own short-lived primetime TV series, Dick's star was clearly on the rise. But his roles began to dry up and he faded from the spotlight - until his sensational murder in 1980. Told from the perspective of Matt Liannetto, Dick's occasional pianist and longtime acquaintance, we see the full story of Dick's life and death. Liannetto is a talented journeyman pianist, often on the fringes of Broadway history's most important moments. He's also a gay man who grew up in an era when that sort of information was closely held, and he struggles with accepting the rapid changes happening in the world around him.

Up With The Sun takes readers on a journey that spans more than thirty years, from the studio lots and rehearsal sets of the 1950s to the seedy streets of 1970s Manhattan. It is a busy, bustling world, peopled by a captivating cast of characters all clamoring for a sliver of the limelight. Readers will bump elbows with Sophie Tucker and gossip about Rock Hudson during intermission at Judy Garland's comeback show.

About the Author:

Thomas Mallon is a novelist, critic and director of the creative writing program at The George Washington University. Mallon is the author of the novels *Henry and Clara*, *Two Moons*, *Dewey Defeats Truman*, *Aurora 7*, *Bandbox*, and most recently *Fellow Travelers*; as well as writing four works of nonfiction. He is a former literary editor of *GQ*, where he wrote the "Doubting Thomas" column for ten years, and has contributed frequently to *The New Yorker*, *The New York Times Magazine*, *The Atlantic Monthly*, *The American Scholar*, and *Harper's*.

[Click here for more info and to register](#)

WAVE Shared Calendar of Village Events



The Washington Area Villages Exchange shared calendar contains a number of interesting upcoming community programs. They are all free and open to the wider village community. The Shared Calendar is available at wavevillages.org/sharedevents.

You also might have interest in upcoming Village to Village Network programs. [You can find the full VtoV calendar on their website here](#). Please contact the office if you would like to register for any VtoV event.

How to Register for Village Programs

Village programs and events will generally be announced only in the weekly Director's Notes, published on Monday morning.

- To register, first make sure you are logged into your account on the Village website. From the listing at the end of each program invite, click on the link.
- Then simply click the **REGISTER FOR THIS EVENT** button and follow the prompts.
- Finally, click **REGISTER FOR THIS EVENT AGAIN ON THE NEXT PAGE**.
- **You will receive an event confirmation email.** If you do not get this email, you are not registered. Please call the Village office at (202) 333-1327 and someone will be happy to help.
- **For some programs, you will use a personal email to register. Just email the person listed and let them know you plan to attend.**
- If you have any problems with registering for an event online, please call the Village office at (202) 333-1327 and someone will be able to register you for the event.

Foggy Bottom West End Village
2430 K Street NW
(202) 333-1327

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