



## Director's Notes: Monday, May 8th, 2023

Phone: (202) 333-1327

[fbwe.helpfulvillage.com](https://fbwe.helpfulvillage.com)

Executive Director: Denise Snyder

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## Citywide, Village Volunteers Make a Difference

Village volunteers understand the value of what they do. Helping someone get to a medical appointment, taking care of household chores or yard work, or simply spending time chatting may seem like a small thing for an individual to do, but on a collective level the impact citywide is amazing.



The recently released FY2022 impact report for the DC Villages, the collective identity for 13 Villages across the District, found that last year 618 volunteers spent more than 27,500 hours helping older adults in the District and building stronger Villages. That time has a value of \$1.59 million, but it means even more to the Village members and other older adults who were helped.

In total, Village volunteers provided 5,354 one-way rides to medical appointments, events, and other locations and made 2,434 deliveries or ran errands for members. DC Villages also organized nearly 4,000 events, which were attended by more than 26,500 people, including many community members who are not yet Village members or volunteers.

Most importantly, Village volunteers had more than 12,000 friendly visits with older adults. These can be simple telephone check-ins or longer in-person interactions and are a critical part of combating the social isolation that people may experience as they age. In fact, more than 55% of all Village activities are focused on combating social isolation. Social isolation and loneliness are directly implicated in poorer health and decreased satisfaction with aging, so these friendly visits — and all the

other interactions Village volunteers have with members — are among the most valuable services Villages provide.

To learn more about the work DC Villages volunteers are doing to support older adults across the District of Columbia, [view our FY2022 Impact Report here](#).

-Denise

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## Ris Recognized

Ris Lacoste, a FBWE Village board member, received the 2023 Duke Zeibert Capital Achievement Award last week. The award, given by the Restaurant Association Metropolitan Washington (RAMW), recognizes an individual each year who has raised the profile of the metro area's foodservice community.



Ris is well known for her commitment to community involvement. I actually first met Ris decades ago when I worked at the DC Rape Crisis Center as executive director. I recruited Ris to serve as the chief host for our annual Taste of the Town benefit. In addition to currently serving on our village board, she also sits on the Kitchen Cabinet advisory board of the Smithsonian Museum of American History and the board of Fresh Farm Markets. Ris is also a Commissioner of the Mayor's Office of Nightlife & Culture.

Supporting young women entrepreneurs has long been a passion for Ris as demonstrated by her involvement with the Girl Scouts' Camp CEO and the Hospitality Charter High School in DC. She also sits on the board of the DC Chapter of Re: Her which supports young women in our local food industry.

We're very proud of Ris and appreciate all the ways she supports our village as well as the many other organizations that benefit from her energy and skills.

-Denise

A special reception event honoring Ris Lacoste will take place June 5 and the 41st Annual RAMMY Awards Gala will take place on Sunday, July 9, at the Walter E. Washington Convention Center. For more information regarding the June reception or the July RAMMY Awards, tickets, how to support the program, and this year's format, email: [therammys@ramw.org](mailto:therammys@ramw.org).



## **Gala Planning Underway**

Planning for our tenth anniversary Gala to be held this fall is well underway. Members of the committee include: Mark Budd, Pat Kellogg, CB Wooldridge, Phyllis Kramer, Morris Chalick, Myrna Fawcett, Denise Snyder, and Chrissy Gardner (not pictured). Please let the office know if you'd like to help out with this fun and important village event!

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## **HAPPY BIRTHDAY!**

This week we are wishing a very Happy Birthday to three special people!

- Myrna Fawcett - May 10th
- Karen Hamrick - May 10th
- Denise Vogt - May 12th



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## **PROGRAMS**

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— JOIN US —  
**FOR HAPPY HOUR**



**HAPPY HOUR IS BACK!!**



**Monday, May 15th, from 5:00 PM to 6:30 PM**  
**Ris, 2275 L St NW**

Join us on Monday, May 15th at Ris for the return of our popular Village happy hours! In a new village initiative, members who have a birthday in May get one free drink at our happy hour! We hope to see you if your birthday is close or many months away!

Please register by Friday, May 12th, at 4:00 pm so we know how much food we need to order. Food is free at the happy hour for village members.

[Click here to register](#)

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## **AN INSIDER'S GUIDE TO EXPERIENCING THE VIETNAM MEMORIAL**

**Thursday, May 18th, at 2:00 PM**  
**Vietnam Memorial, 5 Henry Bacon Dr NW**

The Vietnam Veterans Memorial is the most-visited memorial on the National Mall attracting more than 5 million people each year. The most prominent feature of the memorial is a massive Wall that lists the names of the more than 58,000 servicemen and women who lost their lives during the Vietnam War.

The Vietnam Veterans Memorial provides a unique opportunity for volunteering and Village member Annmarie Emmet will attest to that as she has been doing so on a weekly basis for more than 30 years.

Annmarie is inviting Village members to join her on-site where she will discuss the types of questions visitors ask, how she assists them in looking up names, the process used in rubbing names, how she helps visitors with name rubbings, etc.

Join Annmarie to learn about all aspects of this unique, daily, on-site volunteer activity in which not only US citizens but visitors from around the world are provided assistance.

**MEET Annmarie at the Vietnam Women's Memorial which is associated with the Wall. (It is opposite the center of the Wall, in the trees.)**

**Cost: None.**

**Registration Required: [Please click here to register.](#)**

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**CALLING ALL VILLAGE WOMEN - IT'S TIME FOR US  
TO MEET AGAIN  
LET'S "DO" LUNCH!**

**Wednesday, May 24th, at 1:00 pm note the later start time  
North Italia, 2112 Pennsylvania Ave NW**

**IT'S FOOD, CONVERSATION, AND LAUGHTER.**

**Cost: Each participant is responsible for the cost of her own lunch. Separate checks will be provided. The reservation is under the name FBWE Village. A Village member will be there to greet you.**

**Accessibility: The venue is fully accessible.**

**Registration required. [Please register here](#) by Monday, May 22.**

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**NATIONAL GALLERY OF ART – EAST BUILDING  
ARCHITECTURAL TOUR**

**Thursday, May, 25th, at 1:30 PM  
National Gallery of Art East Building, 150 4th St NW**

Opened in 1978, the I.M. Pei-designed East Building houses the National Gallery of Art's collection of modern and contemporary art. Pei's masterpiece has provided an eloquent setting for the display of great works of modern art from the permanent collection, over 300 temporary exhibitions, a library and rare book collection, administrative offices, and the Center for Advanced Study in the Visual Arts. While harmonizing with architect John Russell Pope's neoclassical West Building, the award-winning East Building was designed in the modern idiom of its time and has taken its place as one of the great public structures in the nation's capital.

We are most fortunate to have West End resident and NGA docent Sheridan Strickland volunteer to host an architectural tour of the East Building solely for FBWE Village members. The tour will highlight key design aspects and several major renovations of the iconic building and address such questions as: "What is the recurring architectural motif? How much does the skylight weigh? How many lights in the lighted walkway?" Join us on the tour and all will be revealed!

Meet in the seating area by the East Building entrance at 4th Street. (Sheridan will be there to meet attendees – she will be wearing a hanging badge.)

Cost: None

Registration Required. [Please click here to register.](#)

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## **GWU Older Adult Exercise Program**

**Tuesdays and Thursdays from 12:00 PM - 12:50 PM ending May 18th  
Room B112A or B112B, Milken School of Public Health, 950 New Hampshire Ave NW**



***Exciting update! The summer schedule for the classes starts June 6th and runs through August 3rd! Stay tuned for more details.***

**Who:** Angela Ingram and Cynthia Pavell, Instructor, Department of Exercise and Nutrition Sciences  
**Mask Policy:** "Strongly recommended" but not required.

Prior to starting, participants need to:

1. [Obtain or renew their GWorld Card](#)
2. Complete a waiver form
3. Complete the Participant Health and Exercise Profile form
4. [Register with the village by clicking here](#)

[For details and forms click here.](#) If you would like printed copies of the forms please let the office know and they can be provided.

Cost: Free to members

Village liaison: Nadia Taran. For questions/information: [nadiataran@mindspring.com](mailto:nadiataran@mindspring.com)

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## AFFINITY GROUPS

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### **FBWEV French Group**

Bonjour à tout le monde.

The French club will meet on Wednesday, May 17th at 5:00 pm at the Westbridge Condominium, 2555 Pennsylvania Ave NW. They will meet at the pool deck on the 2nd floor if the weather is nice or at apartment 410 if the weather is bad. Kindly let Sally Willis, [sally.willis@yahoo.com](mailto:sally.willis@yahoo.com), know if you will attend so she can leave a guest list at the front desk.



The French club was conceived for all Village members who would enjoy speaking or practicing their French while socializing over a glass of wine. We are looking for a volunteer to serve as the new coordinator of the group. The coordinator will be responsible for arranging the meetings and will be free to change the day, time, and frequency as best suits the participants.

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### **Coffee & Company**

It's a Tuesday at 10:00 A.M. and that means it's coffee & company time!

Come on over to Bread & Chocolate (2301 M St. NW) and join us for an informal get together where conversations flow and the coffee and breakfast are terrific.

We're an ongoing coffee klatch group that welcomes everyone to join in. Whether you are new to the village or a long time member who hasn't been with us recently, come on out. We promise you a morning of feeling good about being part of our village!

We're here every Tuesday. See you tomorrow!

Contact: Marianne Taylor at [taylmarianne@yahoo.com](mailto:taylmarianne@yahoo.com)

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## **JOIN THE FBWEV BOOK GROUP**



We hope you will join the group for upcoming discussions. Discussions are held the first Wednesday of every month at 2:00pm in the West End Library. Upcoming books are listed below.

- June 7th: 'Still Life' by Sarah Winman
- July 5th: 'Visual Thinking' by Temple Grandin

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## **New Meditation Group**

**Fridays at 3:00 pm**

**Undercroft Room, St. Paul's Church,  
2430 K St NW**



A new affinity group for meditation will be meeting every Friday at 3 pm in the Undercroft Room at St Paul's. The group will use phone apps for guided meditations. Participants are welcome to share their favorite apps.

The group will primarily meditate while seated in chairs and an ability to get up from the floor is not required.

All are welcome to join - whether you already meditate regularly or want to give it a try for the first time. Some people report that meditating with others enhances their experience.

For more information, please contact Lucia Pollock at 202-716-7401 or [luciapollock@yahoo.com](mailto:luciapollock@yahoo.com).

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## **TUESDAYS**

**COFFEE & COMPANY at 10:00 am (weekly)**

*Meets at Bread and Chocolate at [2301 M St NW](#) (contact for more information)*

Contact: Marianne Taylor at [taylmarianne@yahoo.com](mailto:taylmarianne@yahoo.com)

**CAREGIVER'S SUPPORT GROUP (1st and 3rd Tue.) at 1:00 pm**

*Online via Zoom (contact for more information)*

Contact: Phyllis Kramer at [pfkramer38@gmail.com](mailto:pfkramer38@gmail.com)

## **WEDNESDAYS**

**VILLAGE YOGA GROUP (weekly) at 11:00 am**

*Meets in the atrium of St. Paul's Church, 2430 K St NW (contact for more information)*

Contact: Sue Headlee at [headlee@american.edu](mailto:headlee@american.edu)

**Women's Lunch Group (4th Wed) at 1:00 pm**

*Meets at North Italia, 2112 Pennsylvania Ave NW*

Contact: Binney Levine at [bslvillage7@gmail.com](mailto:bslvillage7@gmail.com)

**BOOK DISCUSSION GROUP (1st Wed) at 2:00 pm**

*Meets at West End Library (contact for more information)*



Contact: Barbara Reck at [barbarareck@gmail.com](mailto:barbarareck@gmail.com) or Adele Gottfried at [agphd2@gmail.com](mailto:agphd2@gmail.com)

**FRENCH CONVERSATION GROUP** (changing Weds) at 5:00 pm

*Location Changes (contact for more information)*

Contact: Sally Willis at [sally.willis@yahoo.com](mailto:sally.willis@yahoo.com)

## THURSDAYS

**WALKIE TALKIES** at 9:00 am (weekly)

*Meets in Washington Circle at the Statue (contact for more information)*

Contact: Lorna Grenadier at [lgrenadier@gmail.com](mailto:lgrenadier@gmail.com)

**GUYS ONLY AT LUNCH (GOAL)** (3rd Thu) at 1:00 pm

*Various locations (contact for more information)*

Contact: Trev Neve at [tneve@rcn.com](mailto:tneve@rcn.com)

## FRIDAYs

**FIRST FRIDAY FILLAGERS** (1st Fri) at 11:30 am

*Meets in the Dining Room at St. Paul's Church, 2430 K St NW (contact for more information)*

Contact: CB Wooldridge at [cbwould2003@yahoo.com](mailto:cbwould2003@yahoo.com)

**MEDITATION GROUP** (weekly) at 3:00 pm

*Meets in the Undercroft Room at St. Paul's Church, 2430 K St NW (contact for more information)*

Contact: Lucia Pollock at 202-716-7401 or [luciapollock@yahoo.com](mailto:luciapollock@yahoo.com).

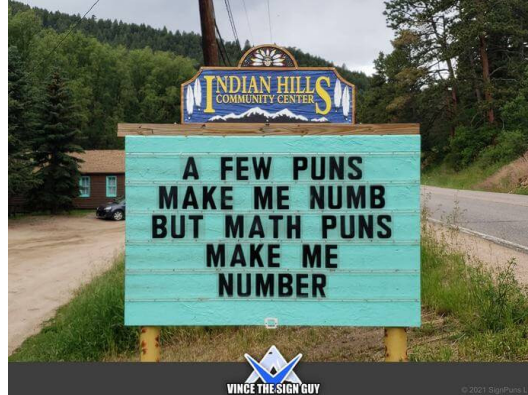
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## A BIT OF HUMOR

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DESTINATION	HOW TO GET THERE
Georgia	Midnight Train
Clarksville	Last Train
Heaven	Stairway
Hell	Highway
Hotel California	Dark Desert Highway
Kansas City	Train, Plane, or Walk
Scotland	High Road or Low Road
Carolina	In Your Mind
Paradise	With Two Tickets
The Sea	Fly Like An Eagle
Central Station	High on Cocaine
Gulf of Mexico	Straight Down the Mississippi River
Over the Line	One Toke
Home Tonight	10 Forward Gears and a Georgia Overdrive
Sea of Green	Yellow Submarine
Round the Mountain	Six White Horses
Honalee	A Boat With Billowed Sail





## OTHER PIECES



### Looking for Volunteer Coaches

Chances are you know someone who has fallen or who is afraid of falling. A Matter of Balance is a proven program designed to help people manage concerns about falls and increase physical activity. Southern Maine Agency on Aging is looking for volunteers to help provide this program.

**This program emphasizes practical strategies to manage falls.**

**Participants learn to:**

- view falls as controllable
- set goals for increasing activity
- make changes to reduce fall risks at home
- exercise to increase strength and balance

**Classes are held either once a week for 8 weeks or twice a week for 4 weeks for 2 hours each.**

**Coaches help participants become more confident about managing falls, help to identify ways to reduce falls, and lead exercises to help increase strength and balance.**

**What do you need to be a coach?**

- good communication and interpersonal skills
- enthusiasm, dependability and a willingness to lead small groups of older adults
- ability to lead low to moderate level exercise

**For more information about coach training, please contact:**

Denise Snyder, [dsnyder@fbwevillage.org](mailto:dsnyder@fbwevillage.org), 202-333-1327

**A Matter of Balance: Managing Concerns About Falls Volunteer Lay Leader Model ©2006**

This program is based on Fear of Falling: A Matter of Balance. Copyright ©1995 Trustees of Boston University. All rights reserved. Used and adapted by permission of Boston University.

**A Matter of Balance Lay Leader Model**

Recognized for Innovation and Quality in Healthcare and Aging, 2006, American Society on Aging. A Matter of Balance Lay Leader Model was developed by a grant from the Administration on Aging (#90AM2780).



## New Village YouTube Video Reminder

A couple of weeks ago we hosted Dr. Janson for another of her fabulous exercise classes. This class was entitled, 'oh my aching back' and it focused on common back pain problems and exercises to remedy them. Click on the video thumbnail above to watch her class. Our full YouTube channel [can be found here](#).

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## IN THE COMMUNITY

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### Searching for Peace in Challenging Times: Arts in Foggy Bottom Opens 2023 Exhibition, Sites for Centering and Reflection

The outdoor biennial exhibition returns with 13 original sculptures curated by Jarvis DuBois

With Sites for Centering and Reflection, DuBois - who currently serves as a Museum Specialist at the National Museum of American History and Principal at J. DuBois Arts, LLC, a fine art consulting and curating company, and is known for curating exhibitions for the IA&A at Hillyer, Galerie Myrtis, and The District of Columbia Arts Center among others - gathered a group of artists influenced by acts of rest, healing, self care, and meditation. Covering topics such as sun worship, memorials to family and friends, the power of poetic words, indigenous energy, and the calming nature of water, and made from materials including LED lights, wood, stainless steel, bottles, shells, and tempered glass, audiences will have the chance to view works by



Jarvis has over 20 years combined registrarial and curatorial experience, currently at the Smithsonian Institution's National Museum of American

History since 2002 as a Museum Specialist. While a student at the University of California, Los Angeles (UCLA) he completed the Getty Center Summer Grant Program working at the UCLA Armand Hammer. Jarvis is currently completing his graduate studies in the M.A. Art History program at the City College of New York, NYC.

Tour the exhibit all summer. [Click here for the Arts in FB website](#)

The exhibition will be on display between 24th and 26th Streets NW and H and K Streets NW in Washington, D.C. until October 21, 2023. In addition to touring Sites for Centering and Reflection on their own with QR codes placed at each installation, audiences are also invited to participate in monthly guided tours. The self-guided QR code tour allows visitors to vie the artworks at their own pace. The QR code at each art installation will launch 2 videos of each artist. The first video will be a bio video and in the second video each artist will talk about their sculpture.

Arts In Foggy Bottom is eternally grateful to Foggy Bottom Defense and Improved Corporation for funding our endeavors 100% every two years. The Village wants to thank the Foggy Bottom Association for their work organizing the exhibit.

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## **China: The Past in the Present**

**Tuesday May 9th, at 7 pm via zoom**



Tobie Meyer-Fong will present her insights on the China we see today within the context of the long history and culture of this nation of some 1.4 billion people. Meyer-Fong is a cultural historian of early modern and modern China and professor of history at Johns Hopkins University. She has written on the Taipei Rebellion, one of the costliest civil wars in human history, has served as editor of the journal *Late Imperial China* and has conducted research widely in Asia and in the United States.

[Click here to register](#) for CHV's Village Voices Talk

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## **The Real Work: Accomplishment, Achievement, and Their Discontents**

**Thursday, May 11th, at 2:00 PM**

How do masters learn their miraculous skill, whether producing a museum-quality painting or baking a perfect sourdough loaf? How could anyone become so good at anything? In his new book, *The Real Work: On the Mystery of Mastery*, best-selling author and *The New Yorker* writer



Adam Gopnik investigates how we learn - and master - a new skill. To unravel this fundamental mystery, Adam became a dedicated student of several masters of their craft: a classical painter, a boxer, a dancing instructor, a driving instructor, and others. Join us to hear what Adam discovered in his search for the answer to mastery and how mastery can happen in your own life - and, significantly, why each of us relentlessly seeks to better ourselves in the first place.

Adam Gopnik, staff writer and contributor to The New Yorker since 1986, has written fiction, humor, book reviews, personal essays, profiles, and reported pieces from abroad.

[Register and find more upcoming speakers here](#)

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## **EU Open House 2023**

**Saturday, May 13th, from 10 AM to 4 PM**

EU Open House is back! On Saturday, May 13th the European Union and its Embassies open their doors to the public for a day of culture, food, music, and more. No registration, tickets, or passport required!



The closest embassy to the Village is the Swedish embassy, House of Sweden at 2900 K Street NW. "At House of Sweden, guests will learn about Sweden's current Presidency of the Council of the European Union, enjoy a Swedish Fika overlooking the Potomac River, visit the rooftop lounge, a photo booth, and climate action station, learn what a "Tunbjörkare" is, and how Sweden plans to be carbon neutral by 2045. Välkommen!"

All the embassies are open to the public and a plethora of fun free events are on offer! [Click here to see the full list of events and to see the helpful map of EU embassies.](#)

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# LGBTQ SOCIAL HOUR

OPEN TO LGBTQ INDIVIDUALS OF ALL AGES! JOIN US FOR AN HOUR OR SO OF FUN.



**3RD TUESDAY FROM 6PM TO 7:15PM**

CONNECT WITH OTHERS, COMBAT ISOLATION, AND FOSTER RELATIONSHIPS. RSVP REQUIRED



Contact [sross@capitolhillvillage.org](mailto:sross@capitolhillvillage.org) or 202-543-1778



**May 16th from 6:00pm to 7:15pm on Zoom**

LGBTQ folks of all ages are invited to Capitol Hill Village's LGBTQ Social Hour! Join us to connect with LGBTQ folks of different ages. Participants will come together to connect, combat isolation, and foster relationships.

To get more information contact Sophia

## **Guest Speaker Donna Gayles, Capital Caring Hospice**

**Wednesday, May 17th, at 1:00 pm on Zoom**

Village Social Worker Barbara Scott leads a discussion on coping with uncertainty. Guest speaker, Donna Gayles from Capital Caring Health and Hospice, will discuss the positive impact of accessing hospice benefits earlier. Her talk is titled, "Two Weeks is Too Short and Tragic".

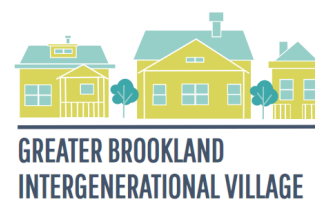


[Click here for more info and to register](#)

## **Care Planning & Care Giving**

**Wednesday, May 17th, from 7 - 8:15pm on Zoom**

Chrisanna Waldrop studied geriatric care at the University of Florida Geriatric Care Management program. She will present a blueprint of the overall topics that every family should consider before a crisis occurs. This talk is designed for families & individuals who are aware of the pressures of aging but tend to avoid thinking about it.



We'll talk about demographic realities, societal and familial reluctance, various forms decline can take, legal authority, practical thinking, boundaries for both the care receiver & care giver, ambiguous & anticipatory grief, as well as initial questions for both parties to ask themselves in order to start seriously considering a plan.

[Click here to register](#) (do not login) or call (202) 658-5958

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## **CPAC Meeting**

**Monday, May 22 at 6:30 pm, Hybrid**



The George Washington University invites neighbors to join on campus for the Second Quarter Campus Plan Advisory Committee meeting scheduled for Monday, May 22, at 6:30 pm in the Ric and Dawn Duquès Hall Room 361 (2201 G St NW). This meeting will be hybrid, with a virtual option via ZOOM for community members not able to join in person.

The Campus Plan Advisory Committee Meeting will cover the following topics:

- GW Community Updates
- Foggy Bottom Campus Plan & Campus Development Updates
- Public Comment

Register prior to the meeting to receive the calendar invite. The login information will be sent 24 hours prior to the meeting and will contain information to allow community members to connect to the online meeting by computer or phone. If you have any questions, please reach out to Kevin Days ([kdays@gwu.edu](mailto:kdays@gwu.edu)).

[Click here to find more info and to register](#)

This semester saw the return of some of the university's community benefits. GW has restored the Friends of the GW GWorld Program and, in response to community feedback, allowed individuals with D.C.-issued IDs to apply for GWorld cards. You can use these cards to access the Gelman Library and ride the MVC shuttle. The community memberships for Lerner Health and Wellness Center are active again. The university is working on restoring its auditing program for neighbors. You will find information about the community benefits on our [Neighborhood website](#). We hope that many of you will take advantage of all the opportunities that GW offers to its neighbors.

Off-Campus Student Behavior: Submit a report about off-campus student behavior to GW Office of Student Rights and Responsibilities [here](#).

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**Around Town DC Walking Tour with Jane Khoury: West Georgetown**  
**Thursday, May 25th, from 10:00 am - 12:00 pm**



Jane Khoury, Certified Guild Guide, Washington DC, will be leading this tour. Meet by the Metrobus stop at 34th Street and Wisconsin Avenue (across Wisconsin from the "Social Safeway")

This walk will continue our exploration of Georgetown, strolling by sites on the West side of Wisconsin Avenue, including Alexander Graham Bell's home and laboratory, Holy Trinity Church, Georgetown University, the Exorcist stairs, and Prospect House.

The Tour will end at approximately noon near the Georgetown Waterfront.

Note: Tour may include walking on stairs (not the Exorcist stairs) and on the canal tow path.

[Click here to register](#)

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MAYOR MURIEL BOWSER PRESENTS

**SENIOR FEST**  
BELIEVE THE HYPE

WEDNESDAY, MAY 31, 2023  
10:00 AM - 3:00 PM  
Gateway DC Pavilion  
2700 Martin Luther King, Jr. Ave SE

Get ready for a high-energy reunion at DPR's annual Senior Fest!

LINE DANCING • FITNESS DEMOS  
LIVE ENTERTAINMENT • FOOD  
HEALTH RESOURCES • MUCH MORE!



DBH | DACL LIVE BOLDLY | DPR | GOVERNMENT OF THE DISTRICT OF COLUMBIA | MURIEL BOWSER, MAYOR

VISIT [DPR.EVENTS](#) FOR MORE INFORMATION @DCDPR    

DACL and DPR are again collaborating for this popular celebration, and this year they expect it will be bigger and better than ever and bring together thousands of DC Seniors from around the city for a day of



fellowship, food, information, and live speakers and entertainment. This event will be DACL's premier event during Older Americans Month

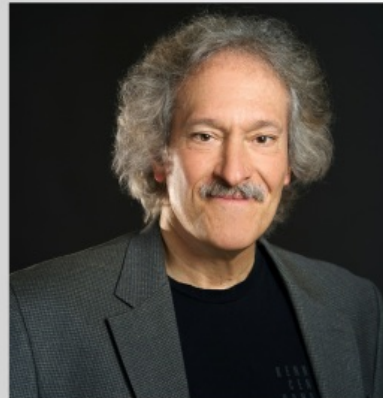
Like last year, DACL will provide transportation for this event. Please contact the Village office if you would like a ride to this event. The deadline to request a ride is Friday, May 12th.

This year in addition to standard picnic fare, DACL will offer a vegetarian, a Halaal, and a Kosher option.

### WE INVITE YOU TO THE WEST END NEIGHBORHOOD LIBRARY FOR AN EXCITING NEW LECTURE SERIES!

From death and devastation to glory and enduring poetry, the Trojan War has held the Western imagination in its thrall for over three millennia.

In this four-part, in-person lecture series, renowned Georgetown professor **Ori Soltes, PhD** will lead participants on an unforgettably illuminating journey. Join him as he traces how—and why—the Trojan War cycle has managed to fire the Western imagination and seep into a startlingly diverse array of media—from ancient Greek tragedy to James Joyce's *Ulysses*, and all the way to contemporary Hollywood's own Iliad-based film, *Troy*.



#### LECTURE DATES

##### **Session One: The Iliad. (Monday, April 10)**

A fragment of the Great War and its engagement of men, gods, and fate. The tragic, noble, and irony-filled quest by mortals for immortal glory.

##### **Session Two: The Odyssey. (Monday, May 1)**

The delayed homecoming of Odysseus—and the yearning for home—in shaping the great adventure. The weaving of tales within the weaving of a tale of monsters and goddesses—and the wonder of the hero's future articulated at the edge of the Underworld.

##### **Session Three: Preludes and Aftermaths to Homer. (Tuesday, May 30)**

From Aeschylus' *Agamemnon* to Euripides' *Iphigenia Among the Colchians*: What happened to others after the taking of Troy and why? What happened before the War to make it happen?

##### **Session Four: Echoes of Troy and Its Meanings in Modern Media (Monday, June 26)**

From James Joyce's epic novel, *Ulysses* (1922); to Nikos Kazantzakis' epic poem, *Odyssey: A Sequel* (1938); to Joseph Strick's 1967 film, *Ulysses* and Wolfgang Peterson's 2004 film, *Troy*—how and why have key aspects of the dramatic story been re-shaped and re-directed with verve, passion, and poignancy?

*All lectures will meet in the  
Large Meeting Room at  
West End Neighborhood  
Library from 7:00-9:00 PM.*

Click on the flyer to enlarge it

**WAVE Shared Calendar of  
Village Events**

The Washington Area Villages Exchange  
shared calendar contains a number of interesting upcoming community

 **WAVE**   
**Washington Area  
Villages Exchange**

programs. They are all free and open to the wider village community. The Shared Calendar is available at [wavevillages.org/sharedevents](http://wavevillages.org/sharedevents).

You also might have interest in upcoming Village to Village Network programs. [You can find the full VtoV calendar on their website here](#). Please contact the office if you would like to register for any VtoV event.

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## How to Register for Village Programs

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Village programs and events will generally be announced only in the weekly Director's Notes, published on Monday morning.

- To register, first make sure you are logged into your account on the Village website. From the listing at the end of each program invite, click on the link.
- Then simply click the **REGISTER FOR THIS EVENT** button and follow the prompts.
- Finally, click **REGISTER FOR THIS EVENT AGAIN ON THE NEXT PAGE**.
- **You will receive an event confirmation email.** If you do not get this email, you are not registered. Please call the Village office at (202) 333-1327 and someone will be happy to help.
- **For some programs, you will use a personal email to register. Just email the person listed and let them know you plan to attend.**
- If you have any problems with registering for an event online, please call the Village office at (202) 333-1327 and someone will be able to register you for the event.

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**Foggy Bottom West End Village**  
**2430 K Street NW**  
**(202) 333-1327**

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