



## Director's Notes: Monday, April 17th, 2023

Phone: (202) 333-1327

[fbwe.helpfulvillage.com](http://fbwe.helpfulvillage.com)

Executive Director: Denise Snyder



The Village wants to thank board president Myrna Fawcett and Robin Derwin, MSW for leading 'Plowing Through the Red Tape of Estate Planning' last week. This informative and well attended program was enjoyed by all who attended. If you have any follow up on the program please don't hesitate to contact the office.

# HAPPY BIRTHDAY!

This week we are wishing a very Happy Birthday to six phenomenal people!

- Robert Knox - April 18th
- Fran Barto - April 19th
- Adele Gottfried - April 21st
- Janet Abowd - April 22nd
- Yolanda Buran - April 22nd
- Carol Flowers - April 23rd

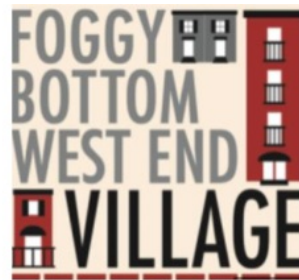


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## PROGRAMS

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### Village Art Exhibit



Organized & curated  
by Harriet Madan  
& Sireen Jawdat



Art in the Atrium, April 17<sup>th</sup>, 2023 2-4pm  
at 2430 K Street NW, DC, 20037

**TODAY, Monday, April 17th, from 2 pm - 4 pm**  
**St Paul's Church atrium, 2430 K Street NW**

We have eight member artists who are displaying some of their creations today. The show, Art in the Atrium, will include refreshments as well as the opportunity to talk with the artists.

Whether you love art or not, this is an important program for members to show their support for other members. Art is often an expression that says something about the artist so please come to see what these pieces of art say.

[Please register here](#) and come by St. Paul's today, between 2:00 - 4:00 to

view the artworks. Refreshments will also be served.

What more could you want on a Monday afternoon than mingling with members & folks from the community, viewing works of art, and noshing on some tasty treats? See you in the atrium at St. Paul's today!

Click on the flyer above for more info on the show and the participating artists.

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## **Oh, My Aching Back! with Dr. Janson** **Tuesday, April 18th from 2:30-3:30 PM (on Zoom)**

If you want more long lasting pain relief than Ben Gay can offer, then consider this session with Dr. Janson. She will provide an overview of common back ailments, cover posture correction and body mechanics. Then Dr. Janson will demonstrate simple stretches and strengthening exercises that can restore mobility, reduce pain, and help keep your back healthy. You'll see that little changes can have a big impact! Have a chair nearby in a cleared space.



Dr. Sophia Janson has almost 30 years of experience as a physical therapist. She is board certified in Geriatric Physical Therapy and understands how the aging process impacts balance and falls risk. The majority of her clinical experience is in home health care which includes home safety assessments and falls prevention instruction. She is a clinical instructor for physical therapy with the George Washington University.

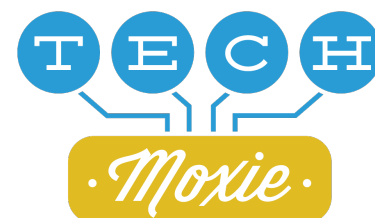
Cost: Free to Village members

Registration required. [To register, click here.](#)

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## **ABCs of Staying Safe Online** **Wednesday, April 19, 2:00 p.m.** **Where: West End Library, Small Meeting Room**

As we conduct so much of our personal lives online, especially as we strive to stay safe from Covid, it is so important to understand the best practices for staying safe online. It seems that the fraudulent telephone calls, emails, and pop-ups never cease. Join us for an informative discussion lead by TechMoxie on how to recognize phishing (fraudulent) emails, avoid computer viruses and scams, and how to find trustworthy information online. The presentation will include a review of actual fraudulent emails and scam "pop up" computer virus warnings. Note: this will be a PowerPoint presentation rather than a hands-on workshop, but Erin will have time for questions at the end of her presentation.



**Cost: Free.**

This program is full. [Please click here to join the waitlist](#). If you can no longer attend the talk please contact the office to cancel your registration and free up a spot for a waitlisted member.

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## **Guys Only at Lunch (GOAL)**

**Thursday, April 20th, at 1:00 pm**

**Location: Ris, on the corner of 22nd and L Streets, NW.**



For April, we're back at Ris, our go-to venue, but note the new time: one o'clock post meridiem. This will be our meeting time from now on to avoid a conflict with an earlier recurring event. Ris's current menu is here: [www.risdc.com/dailymenu](http://www.risdc.com/dailymenu). Hope you can make it to join the stimulating discussions, tall tales, and common banter of GOAL lunches. Bring a guest if you want, especially a prospective member.

**Cost:** Each participant is responsible for the cost of his own lunch. Separate checks will be provided. The reservation is under the name Neve.

**Accessibility:** The venue is fully accessible. Open to all male members and their guests.

Registration is required. Please e-mail Trev Neve at [tneve@rcn.com](mailto:tneve@rcn.com) by Tuesday, 18 April 2023, if you plan to attend, so he can get a final headcount for the table reservation.

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## **Our Neighborhood Firehouse Tour**

**Tuesday, April 25th, at 2:00 p.m.**

**Washington DC Fire Station 1: 2225 M Street, NW**



**We have been invited to visit our West End Firehouse!**

If you have been curious about the modern firehouse in our midst, now is your opportunity to see the interior as well as to interact with some of the men and women who live in, and work out of, this architecturally striking building.

The 30-40 minute visit will include:

- Meeting with firefighters, paramedics, and emergency medical technicians
- Fire station presentation



- Engine house tour
- Apparatus display
- “Stop, Drop, Cover your Face and Roll Demonstration” with firefighter
- Questions and Answers.

Attendees will meet on M Street in front of the firehouse.

Cost: This tour is free.

Registration Required: [Please click here to register.](#)

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## **CALLING ALL VILLAGE WOMEN - IT'S TIME FOR US TO RECONNECT AND MEET AGAIN LET'S "DO" LUNCH!**

**Wednesday, April 26th, at 12:30 pm**  
**North Italia, 2112 Pennsylvania Ave NW**

**WE'LL KEEP IT SIMPLE. FOOD, CONVERSATION, AND LAUGHTER.  
WHAT COULD BE BETTER?**

**Cost:** Each participant is responsible for the cost of her own lunch. Separate checks will be provided. The reservation is under the name FBWE Village. A Village member will be there to greet you.

**Bring along your restaurant suggestions for next month!**

**Accessibility:** The venue is fully accessible.

**Registration required.** [Please register here](#) by Monday, April 24.

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## **U.S. SUPREME COURT TOUR**

**Friday, May 5th, at 11:00 AM**  
**Meet at U.S. Supreme Court, 1 1st St NE**

Sometimes referred to as the “Marble Palace”, the US Supreme Court holds a unique place in our country’s society. The tour will include information about the Court’s history, how cases are reviewed, and the design and decor of the building, as well as a chance to view non-public spaces (as available). After the tour, all are welcome to stay for lunch in the Court’s cafeteria.



Lorna Grenadier, a Villager and Supreme Court docent, will lead the tour. Villagers should meet at the John Marshall statue on the ground floor.

Registration: Space is limited to 8 people. Please note: this tour is available only to those members who have not previously visited the Court on an FBWEV tour. There will be a waiting list if space becomes available.

[Click here to register.](#) Registration must be completed by Tuesday, May 2nd.

Accessibility: The public entrance is located to the left of the front steps. The entrance on Maryland Avenue on the north side is accessible. There are elevators for use in the interior. There is security screening to enter.

Transportation: Bus: routes 32, 33, 36 stop at First St. and Independence (walk 2 blocks north). Metro: Capitol Hill South on Blue/ Orange/ Silver - walk 3 blocks north.

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## **GWU Older Adult Exercise Program**

**Tuesdays and Thursdays from 12:00 PM - 12:50 PM, ending May 18th**  
**Room B112A or B112B, Milken School of Public Health, 950 New Hampshire Ave NW**



Who: Angela Ingram and Cynthia Pavell,  
Instructor, Department of Exercise and Nutrition Sciences  
Mask Policy: "Strongly recommended" but not required.

Prior to starting, participants need to:

1. [Obtain or renew their GWorld Card](#)
2. Complete a waiver form
3. Complete the Participant Health and Exercise Profile form
4. [Register with the village by clicking here](#)

[For details and forms click here.](#) If you would like printed copies of the forms please let the office know and they can be provided.

Cost: Free to members

Village liaison: Nadia Taran. For questions/information: [nadiataran@mindspring.com](mailto:nadiataran@mindspring.com)

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## **AFFINITY GROUPS**

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**JOIN THE FBWEV BOOK GROUP**

We hope you will join the group for upcoming discussions. Discussions are held the first Wednesday of every month at 2:00pm in the West End Library. Upcoming books are listed below.

- May 3rd: 'Of Boys and Men' by Richard Reeves
- June 7th: 'Still Life' by Sarah Winman
- July 5th: 'Visual Thinking' by Temple Grandin

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## **New Meditation Group**

**Fridays at 3:00 pm**

**Undercroft Room, St. Paul's Church,  
2430 K St NW**



A new affinity group for meditation will be meeting every Friday at 3 pm in the Undercroft Room at St Paul's. The group will use phone apps for guided meditations. Participants are welcome to share their favorite apps.

The group will primarily meditate while seated in chairs and an ability to get up from the floor is not required.

All are welcome to join - whether you already meditate regularly or want to give it a try for the first time. Some people report that meditating with others enhances their experience.

For more information, please contact Lucia Pollock at 202-716-7401 or [luciapollock@yahoo.com](mailto:luciapollock@yahoo.com).

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## **TUESDAYS**

**COFFEE & COMPANY at 10:00 am (weekly)**

*Meets at Bread and Chocolate at [2301 M St NW](#) (contact for more information)*

Contact: Jonas at [jfrumkin@fbwevillage.org](mailto:jfrumkin@fbwevillage.org)

**CAREGIVER'S SUPPORT GROUP (1st and 3rd Tue.) at 1:00 pm**

*Online via Zoom (contact for more information)*

Contact: Phyllis Kramer at [pfkramer38@gmail.com](mailto:pfkramer38@gmail.com)

## **WEDNESDAYS**

**VILLAGE YOGA GROUP (weekly) at 11:00 am**

*Meets in the atrium of St. Paul's Church, 2430 K St NW (contact for more information)*

Contact: Denise at [dsnyder@fbwevillage.org](mailto:dsnyder@fbwevillage.org)

**BOOK DISCUSSION GROUP (1st Wed) at 2:00 pm**

*Meets at West End Library (contact for more information)*

Contact: Barbara at [barbarareck@gmail.com](mailto:barbarareck@gmail.com) or Adele at [agphd2@gmail.com](mailto:agphd2@gmail.com)

**FRENCH CONVERSATION GROUP** (changing Weds) at 5:00 pm

*Location Changes (contact for more information)*

Contact: Sally Willis at [sally.willis@yahoo.com](mailto:sally.willis@yahoo.com)

## **THURSDAYS**

**WALKIE TALKIES** at 9:00 am (weekly)

*Meets in Washington Circle at the Statue (contact for more information)*

Contact: Lorna Grenadier at [lgrenadier@gmail.com](mailto:lgrenadier@gmail.com)

**GUYS ONLY AT LUNCH (GOAL)** (3rd Thu) at 12:30 pm

*Various locations (contact for more information)*

Contact: Trev Neve at [tneve@rcn.com](mailto:tneve@rcn.com)

## **FRIDAYS**

**FIRST FRIDAY FILLAGERS** (1st Fri) at 11:30 am

*Meets in the Dining Room at St. Paul's Church, 2430 K St NW (contact for more information)*

Contact: CB Wooldridge at [cbwould2003@yahoo.com](mailto:cbwould2003@yahoo.com)

**MEDITATION GROUP** (weekly) at 3:00 pm

*Meets in the Undercroft Room at St. Paul's Church, 2430 K St NW (contact for more information)*

Contact: Lucia Pollock at 202-716-7401 or [luciapollock@yahoo.com](mailto:luciapollock@yahoo.com).

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## **A BIT OF HUMOR**

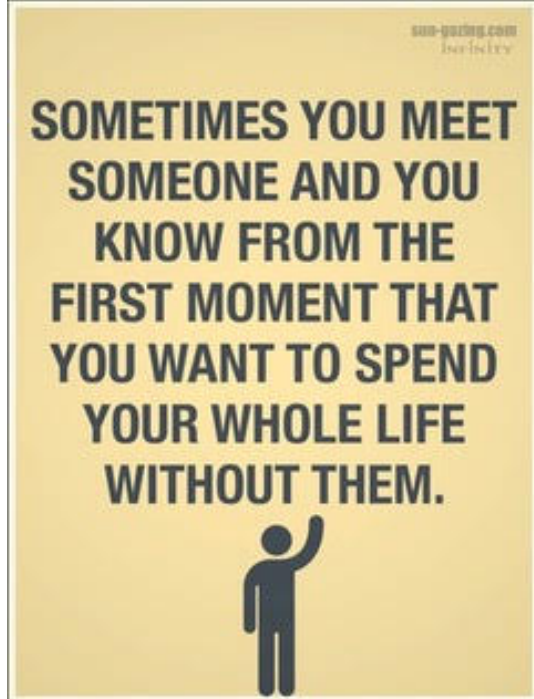
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My teacher told me not  
to worry about spelling  
because in the future  
there will be autocorrect  
And for that I am  
eternally grapefruit.

This is why Shetland ponies never  
caught on in Wyoming.







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### Lessons for Those who Trust The Experts

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## OTHER PIECES

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### **FBHD House History Map launched at DC History Network! By Frank Leone and Denise Vogt**

The FBA History Project shared its new Foggy Bottom Historic District House Map with many of the 675 attendees at the History Network session of the March 24th D.C. [History Conference](#). Several people stopped by our table to share their recollections of the neighborhood. For example, we met Joan G. who recalled when her relatives lived above the now 7-11 store in 1910. Her grandparents, the Kolkers, ran a small grocery store at the street level. We encourage Village members and others to add their recollections and other information to the Map project.

The unique map provides detailed information about the Historic District neighborhood and each of its 250+ houses. This innovative on-line project is the first of its kind to document a Washington, D.C. neighborhood's history. It combines individual House History pages for each building in the Foggy Bottom Historic District Study Area with a map whose layers show historic maps, census/city directory data, and other information focusing on the period of 1870 to 1910. We hope to extend the map layers to include the period prior to 1870 and from 1911 to 1970.

Each House History page features an individual house and can be accessed by using this [link](#) or by clicking on the house's location on the [map](#) that opens to display a *Layer listing* (select specific information on the right side) that shares more historical information of

the area. Several layers can be opened at one time.

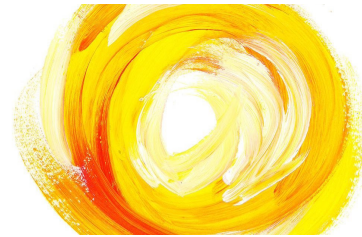
Anyone can participate in the project. You can help build the House History Mapping project by providing information including house and resident histories, and recollections, or uploading documents or photographs about your house or others in the neighborhood. You can share this information using our easy on-line [Submit House Information](#) form.

Thanks to the FBA for supporting the History Project, the Foggy Bottom Defense and Improvement Fund for a grant for enabling the production of the mapping portion, Brian Kraft for researching and preparing the map, and Sadie Cornelius for her tireless work on the FBA History Project and house history webpages.

For more information on the House History map, see our [post](#). To learn more about the FBA History Project, see our [web page](#).

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## **New Rose Theater Play Reading Podcast, CARPATHIA**



A gripping first-hand account of the greatest seafaring disaster of all-time, as told by the Second Officer onboard the Carpathia, as they raced to rescue the Titanic from its tragic fate on April 15, 1912.

Carpathia was written by Rick Foucheux, based on James Bisset's article as published in Encyclopedia Britannica and features a dynamic performance by acclaimed DC actor and vocal artist, David Bryan Jackson.

View all the episodes at: [TheRoseRhapsody.com](http://TheRoseRhapsody.com) or subscribe on Apple Podcasts, Spotify or wherever you take your listening pleasure.

"I listened to Carpathia. The gripping writing of the story and the astounding reading of it truly made me feel like I was there on that ship's bow, trying to do the impossible by getting to the Titanic before it sank. Fear of running into an iceberg themselves, terror when imagining what they would find when they got to the Titanic's coordinates, and always registering the numbing cold on the deck. I highly recommend taking 30 minutes to listen with your eyes closed."

-Denise

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## **LIFELONG LEARNING COURSES at AMERICAN UNIVERSITY – SUMMER COURSES**

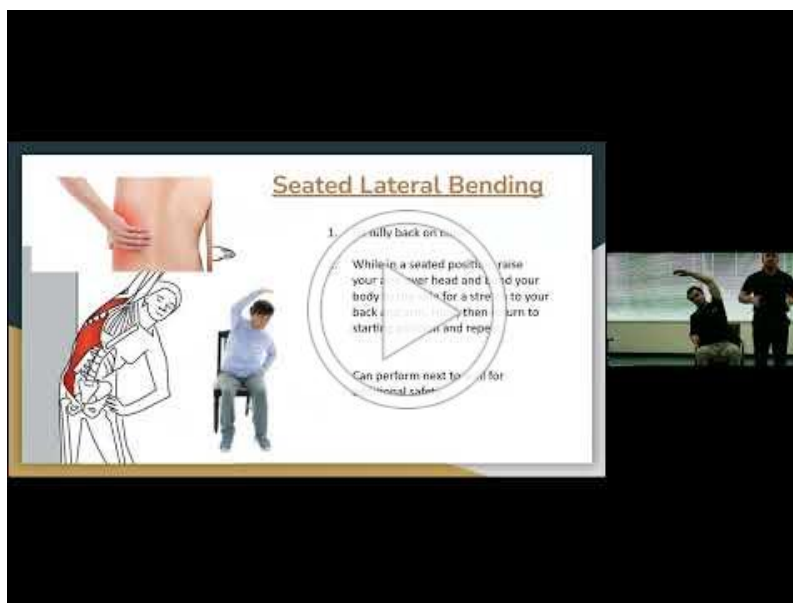


The Osher Lifelong Learning Institute (OLLI) at AU offers highly affordable courses throughout the academic year on subjects ranging

from politics to poetry including music, art, science, history, literature, philosophy, and more. Designed for people “50 and better,” nearly 1,600 members are active participants who join for the joy of learning with no tests and no grades. Spring and fall semester classes, which meet once a week, are in-person and online, and there are shorter sessions in February, June, and July. June Minis run from June 5–30 with classes held once a week for four weeks. July Shorts run from July 10–14 with classes held two to five times during the one week. The cost for June Minis and July Shorts is \$100/session for up to four classes each session. View and select classes starting April 21. Additionally, there are free weekly lectures during the month of May and membership social events.

Be a part of a community where curiosity never retires! Go to their website: [olli-dc.org](http://olli-dc.org) or call 202-895-4860 for further information and to register for classes.

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## Village YouTube Channel Update

We have a number of fun playlists on our channel including our [Art Thursday playlist](#), [our Dr. Janson playlist](#), and our highlighted playlist this week our [Physical Therapy Shorts playlist](#). This short series of 5 videos provide quick and easy exercise to strengthen various body parts. Each video provides seated modifications to the exercise. I encourage you to click on the video or the link to the playlist and give them a watch. Our YouTube channel [can be found here](#).

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## IN THE COMMUNITY

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**WAVE Quarterly Meeting:  
Exploring Multigenerational  
Ideas**



**Wednesday, April 19th, 9:30 - 12:00**  
**Via Zoom**

We're living in the most age-diverse society in history--and yet, one of the most age-segregated. As our villages increasingly become an integral part of our local communities, what opportunities can we explore to connect our members to a younger population for their mutual interaction and learning? We'll hear from some villages that have added a multigenerational project to their offerings with positive results, as well as from villages whose mission is centrally built around an intergenerational model. Together, we'll discuss some simple ways to enhance our village offerings with intergenerational components. Break out sessions will follow up on these and other topics. Winners of the 2023 \$1000 Founders Awards will also be announced. Don't miss this rich set of discussions!

[To register, click here.](#)

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## **Zoom Discussion Groups: The Economy & Democracy in America**

**Starts, Wednesday April 19th at 2:00 pm**

Join Around Town DC for these 3 interactive small-group conversations to explore the economy and democracy in America.

"How do YOU see the relationship between our economic system and the health of our democracy? What are the purposes and values that shape our economic system – and how do these mesh with the purposes and values of our democracy? What challenges flow from our economic system and how do these impact the health of our democracy? How might we better meet these challenges?"

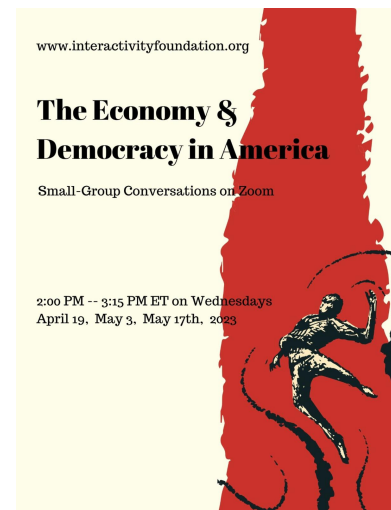
This conversation series will explore key questions and concerns surrounding the relationship of the economy and our democracy. They will also imagine different pathways forward to address these questions and concerns.

[Register and find more info here](#)

**April 19, 2023 (2pm-3:15pm ET):** What concerns do you have, and what questions should we explore, about the relationship between the economy and our democracy?

- Who does the economy serve – and why?
- What might be the consequences for democracy of rising economic inequality and insecurity?
- What if these consequences are by design – and, if so, why?

**May 3, 2023 (2pm-3:15pm ET):** Questioning our assumptions about the



economy.

- What assumptions do we have about the economy?
- When we say the “American dream,” do we mean an economic or democratic dream? Why?
- What interests shape our economic system?
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May 17, 2023 (2pm-3:15pm ET): Imagining a better system and different pathways forward.

- How might our economic system better support our democratic values rather than the other way round?
- What might this world look like?
- How might we get there?

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## Protecting and Maximizing Your Retirement Income

Wednesday, April 19th, at 5:30 pm

Join us as David Hurwitz discusses how to set up a retirement-income stream consistent with your retirement goals, how to plan for inflation, economic challenges, and a long retirement. He will also discuss how to utilize various investment vehicles. There will be time for questions following his presentation.



David Hurwitz is a Certified Financial Planner Practitioner as well as a Chartered Retirement Planning Counselor and has been named “Best Financial Advisor” by the readers of Bethesda Magazine.

This program is free and open to the community! Invite your friends!

[Click here to register](#)

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## FREE POETRY & MUSIC CONCERT! “It Was Always”

Wednesday, April 19th, at 7:30 pm  
Arts Club of Washington

Join for a symphony of spoken word featuring the poetry of award-winning journalist and Rose Theatre Poet Laureate Tom Squitieri, including performances by musician and composer David Kowal, acclaimed vocal artist Christopher Lane and Helen Hayes award-winning actor Rick Fouchoux.



The evening will also feature the debut of poems submitted by artists from DC and around the globe in celebration of National Poetry Month.

Reservations Strongly Encouraged | Limited Seating

Save Your Free Seat at [www.rosetheater.net](http://www.rosetheater.net)



## **WHAT? You still have a landline?**

**Thursday, April 20th, at 3:00 pm on Zoom**

Victor Rezmovic, a technology educator, will provide a talk on an internet-related topic every other month in 2023. This will give us an opportunity to examine how we can use this omnipresent force for good in our lives.



Thursday, April 20 at 3:00 pm – WHAT? You still have a landline?  
Changes in Technology and how you can benefit from the latest updates.

We use technology in our daily lives. Once a technology meets our needs, we tend to stay with it. Technology, however, changes dramatically and we may benefit from examining what's new and incorporating these new technologies. Adding or upgrading to new options will enable us to do more, be more productive and often save money. In this class we will examine computer hardware, software, the Internet/Cloud and online safety and how to incorporate these technologies.

[Click here to register](#)

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## **6th Annual Sung Symposium: The Gut, Microbes, & Well-being**

**Friday, April 21, from 1 to 5 p.m. on  
Zoom**

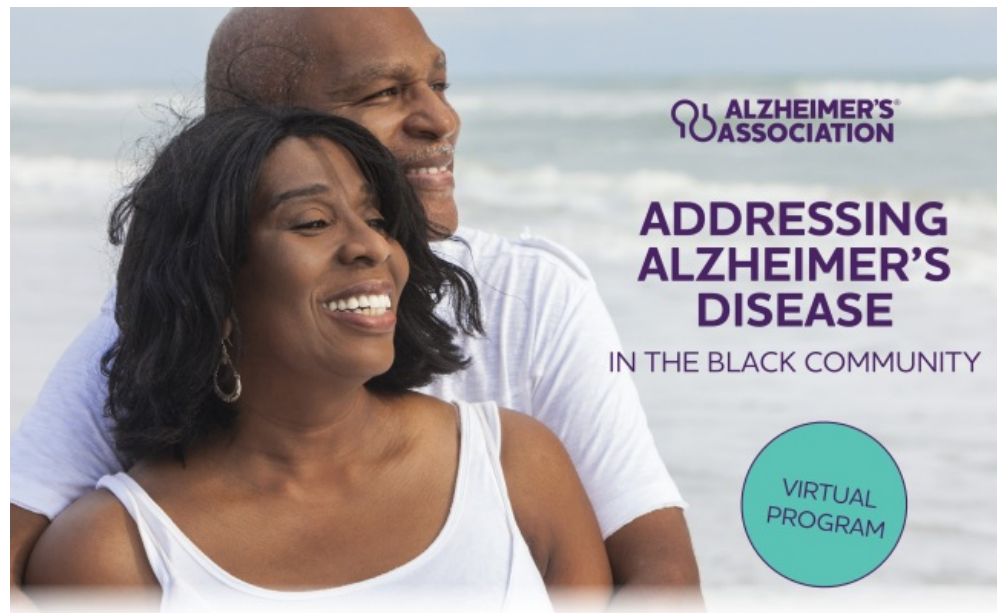


The 6th Annual Patrick and Marguerite Sung Symposium: The Gut, Microbes, & Well-being will explore the gut microbiome and its role in promoting health and preventing disease with lectures from thought leaders in the field and a panel discussion followed by a Q&A.

The topics and speakers are:

- "What is the gut microbiome? What do we know? What don't we know?": Scott Jackson, PhD is the Group Leader, Complex Microbial Systems at National Institute of Standards and Technology (NIST).
- "Development of the gut microbiome and long term health outcomes": Yvonne Nyavor, PhD is the Principal Scientist, Microbiome at Boston Analytical (BA).
- "Evidence-based approaches to food & gut microbe interventions to promote health and treat disease": Christopher Damman, MD, MA is a Clinical Associate Professor of Medicine at the University of Washington (UW) and board certified gastroenterologist at the Digestive Health Center at the UW Medical Center.
- "Integrative Gut Health: The Microbiome-Gut-Brain Axis": Leigh A. Frame, PhD, MHS, CERT '20 is the Program Director, Integrative

[Click here to register](#)



SATURDAY, APRIL 22 | 3 P.M.

Please join the Alzheimer's Association and the Sarah Allen Missionary Society, in partnership with the Metropolitan A.M.E. Church Health Ministry, the Kelly Lay Organization and the Commission on Christian Education for a virtual presentation and discussion on Racial and Ethnic Disparities in Alzheimer's Disease.

The objectives of this community forum are to:

- Understand how social determinants can affect a wide range of health functioning particularly in Alzheimer's and dementia.
- Discuss how racism and systemic inequities are drivers of health disparities.
- Explore best practices to reach underserved and underrepresented communities in light of historic and current systemic racism.
- Identify local community resources that provide quality care and support to help reduce health disparities for those with a diagnosis and their caregivers.

Please register [HERE](#) for this discussion on Zoom or call the Alzheimer's Association Helpline at 800.272.3900 to register by phone. Login instructions will be provided after registration.

### *Our Speakers*



Beverly Berry  
Director  
Diversity, Equity &  
Inclusion  
Alzheimer's Association



Melissa Susser  
Caregiver Education and  
Outreach Coordinator  
Iona Senior Services



Click on the flyer to enlarge it or [click here to register](#)



## **Hospital at Home Movement with Dr. Haile Mariam**

**Wednesday, April 26th, at 5:30 pm**

Learn more about this movement to provide medical care to patients in their homes. There have been studies done that show the economic as well as psychological and physical benefits to patients who are discharged early from hospitals or treated at home. As

we know, telemedicine, and other types of remote medical care, really blossomed during the COVID pandemic. Patients treated at home due to physical distancing were able to get reimbursed by Medicare and their private insurance. The above factors have encouraged those interested in the Hospital at Home concept to reevaluate the possibilities of bringing this idea to more communities, and the idea is gaining popularity in other countries, such as Australia, Canada, and several in Europe.

Dr. Mariam, of George Washington University Hospital, will join us to present more information about this concept and answer your questions.

[Click here to register](#)

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## **Alzheimer's & Dementia Caregivers Conference: "Building Strength and Resilience"**

**Wednesday April 26th, from 8:30 am -  
2:30 pm on Zoom**



This virtual conference is designed to empower caregivers and health care professionals with strategies, inspiration and resources that will bolster your efforts to care for those with Alzheimer's or dementia. The keynote speaker, Mike Splaine will guide family and professional caregivers alike to navigate hospitalization if it's needed, manage discharge process, and set up for best recovery possible at home.

The other session leaders bring a wealth of knowledge and offer practical applications for dealing with managing money, grief and accessing resources for caregivers.

[Click here to register or to find more information](#)

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## **Gilded Age Mansions of Dupont Circle Thursday, April 27th, at 1:00 PM**

Around the turn of the 20th century, the Dupont Circle area was transformed from an outpost of the federal city to the preserve of the wealthy, who built immense mansions in a variety of ornate styles. This talk will draw on vintage photos to tell stories of these extravagant residences--most of them surviving today for other purposes--and the equally flamboyant characters who once lived in them--though often just part of the year.

Ralph Buglass teaches lifelong learning courses at American University, Johns Hopkins University, Montgomery College, and Frederick Community College. Ralph is a frequent speaker for Montgomery History on a variety of local history topics. He also is a volunteer researcher for Peerless Rockville, the non-profit historic preservation organization for Montgomery County's seat of government. In 2020, with Peerless Rockville, he co-authored Images of America: Rockville, a pictorial history of the city's 250 years.

[Register and find other upcoming speakers here](#)

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**Are you interested in working? Learn about ReServe!**  
Thursday, April 27th, at 3:00 pm

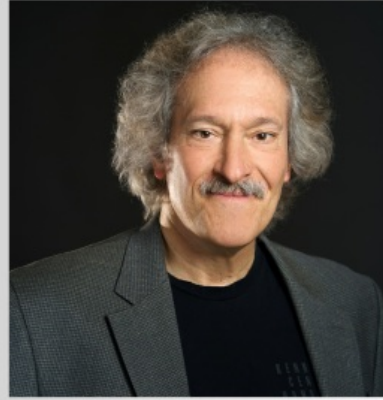
ReServe places professional seniors, 55 years of age and older, into part-time, temporary positions at not-for-profit and social service organizations. "ReServists", as they call them, have had long working careers in many different sectors, have now retired but still wish to give back or "re-serve". Join Around Town DC to see if any of the programs may be a good fit for you! [Click here to register.](#)

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**WE INVITE YOU TO THE WEST END NEIGHBORHOOD  
LIBRARY FOR AN EXCITING NEW LECTURE SERIES!**

From death and devastation to glory and enduring poetry, the Trojan War has held the Western imagination in its thrall for over three millennia.

In this four-part, in-person lecture series, renowned Georgetown professor **Ori Soltes, PhD** will lead participants on an unforgettably illuminating journey. Join him as he traces how—and why—the Trojan War cycle has managed to fire the Western imagination and seep into a startlingly diverse array of media—from ancient Greek tragedy to James Joyce's *Ulysses*, and all the way to contemporary Hollywood's own Iliad-based film, *Troy*.



**LECTURE DATES**

**Session One: The Iliad. (Monday, April 10)**

A fragment of the Great War and its engagement of men, gods, and fate. The tragic, noble, and irony-filled quest by mortals for immortal glory.

**Session Two: The Odyssey. (Monday, May 1)**

The delayed homecoming of Odysseus—and the yearning for home—in shaping the great adventure. The weaving of tales within the weaving of a tale of monsters and goddesses—and the wonder of the hero's future articulated at the edge of the Underworld.

**Session Three: Preludes and Aftermaths to Homer. (Tuesday, May 30)**

From Aeschylus' *Agamemnon* to Euripides' *Iphigenia Among the Colchians*: What happened to others after the taking of Troy and why? What happened before the War to make it happen?

**Session Four: Echoes of Troy and Its Meanings in Modern Media (Monday, June 26)**

From James Joyce's epic novel, *Ulysses* (1922); to Nikos Kazantzakis' epic poem, *Odyssey: A Sequel* (1938); to Joseph Strick's 1967 film, *Ulysses* and Wolfgang Peterson's 2004 film, *Troy*—how and why have key aspects of the dramatic story been re-shaped and re-directed with verve, passion, and poignancy?

*All lectures will meet in the  
Large Meeting Room at  
West End Neighborhood  
Library from 7:00-9:00 PM.*

**Click on the flyer to enlarge it**

**Our Verse in Time to Come at  
DC Public Library  
Part of Searching for Shakespeare  
Various Dates, times, and venues  
between Mon, Apr 03 — Sun, Apr 23**



**Venues:**

DCPL - Lamond-Riggs; DCPL - Anacostia; DCPL - Francis A. Gregory;  
DCPL - Southwest; DCPL - Petworth; DCPL - West End; DCPL - Shepherd  
Park; DCPL - Tenley-Friendship; DCPL - Mt. Pleasant; DCPL -  
Georgetown; DCPL - MLK Memorial

**Tickets: Free, Duration: 90 minutes with no intermission**

**[Find more information and book specific dates here](#)**



Inspired by the works and words of Shakespeare, *Our Verse in Time* to Come bridges the past with the present through verse, song and memory, and interrogates whose stories remain and whose role it is to ensure they survive.

An aging emcee, affectionately known as SOS, gets out of prison after 25 years only to be diagnosed with early onset dementia. Realizing it's his last chance to reconnect with his children, he engages an old family friend and legal ally to arrange his estate and ensure his now grown twins, Vi and Will, accept it before his memory slips away for good.

Reuniting to sort out their father's inheritance, the estranged siblings uncover more than they bargained for. Along their journey, they meet storytellers who hold pieces of the puzzle that unlock their hearts and offer renewed connection to their heritage, community and father.

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## WAVE Shared Calendar of Village Events



The Washington Area Villages Exchange shared calendar contains a number of interesting upcoming community programs. They are all free and open to the wider village community. The Shared Calendar is available at [wavevillages.org/sharedevents](http://wavevillages.org/sharedevents).

You also might have interest in upcoming Village to Village Network programs. [You can find the full VtoV calendar on their website here](#). Please contact the office if you would like to register for any VtoV event.

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## How to Register for Village Programs

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Village programs and events will generally be announced only in the weekly Director's Notes, published on Monday morning.

- To register, first make sure you are logged into your account on the Village website. From the listing at the end of each program invite, click on the link.
  - Then simply click the **REGISTER FOR THIS EVENT** button and follow the prompts.
  - Finally, click **REGISTER FOR THIS EVENT AGAIN ON THE NEXT PAGE**.
  - **You will receive an event confirmation email.** If you do not get this email, you are not registered. Please call the Village office at (202) 333-1327 and someone will be happy to help.
  - **For some programs, you will use a personal email to register. Just email the person listed and let them know you plan to attend.**
  - If you have any problems with registering for an event online, please call the Village office at (202) 333-1327 and someone will be able to register you for the event.
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**Foggy Bottom West End Village**  
**2430 K Street NW**  
**(202) 333-1327**

**[fbwe.helpfulvillage.com](http://fbwe.helpfulvillage.com)**

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